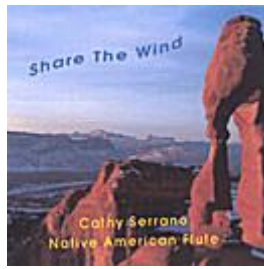


Mp3 Cathy Serrano - Share The Wind



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Cathy's flute music has been called calming and haunting in the same sentence. This debut Native Flute CD contains contemplative and meditative solo native american flute music in her own contemporary style. 13 MP3 Songs NEW AGE: Meditation, WORLD: Native American Details: Cathy Serrano is an acoustic guitarist and singer/songwriter, who also plays Native American Flute. The flute album is actually taken from some recorded "noodling" sessions which Cathy and producer, Michael Patterson, recorded over a couple of afternoons, initially for use in other artists work, and just for the fun of doing it. Michael encouraged her to turn the sessions into her own album, and here it is! This is Cathy's first attempt at recording the Native Flute although she has played for her own enjoyment, and for her friends for some time. Quoting Cathy, "I chose this name because to share the wind is to me dual: both a physical and spiritual concept. That seems to tie into the Native American Flute and its music for me, as it is a beautiful instrument physically, yet there is something spiritual about playing it. Likewise, wind is physical in the sense that wind provides us with a constantly renewable source of power and energy; and spiritual in that to share the wind (while playing the flute) feels like you are in tune with a higher spirit, or perhaps you are just re-awakening your own spirit -- either way it is a joy which is also constantly renewable. At least playing the flute has that effect for me."

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