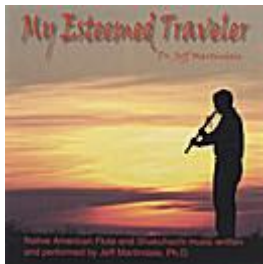


# **Mp3 Dr. Jeff Martindale - My Esteemed Traveler: Native American Flute And Shakuhachi**



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A relaxing, free flowing, and hypnotic blend of Native American flute and Shakuhachi music--a perfect album for mediation or relaxation. 15 MP3 Songs NEW AGE: Meditation, NEW AGE: Healing Details: My Esteemed Traveler is Dr. Jeff Martindales long-awaited album. My Esteemed Traveler entrances the listener with original Native American and Shakuhachi flute performances. It is a perfect choice for anyone wanting to relax, meditate, or aid in their concentration for studying. Dr. Martindales playing style is a collection of traditional nuances, free-flowing form, and jazz like playfulness. My Esteemed Traveler is comprised primarily of solo performances to bring out the natural and powerful voices of each flute. The final track titled Into the Sunset combines the Native American flute and guitar to depict a rider galloping off into the sunset. Shakuhachi performances titled Cautious Whispers and Meditations envelopes the listener with the powerful yet gentle sounds of these mysterious bamboo flutes. The title My Esteemed Traveler is in dedication to the late Dr. Richard Payne. Dr. Martindale considered Doc Payne a friend and mentor who encouraged him to use the Native American flute within his mental health work. The song Toubat Memories is dedicated to the memory of playing alongside Dr. Payne as the Oklahoma sunrise appeared one early morning. As a self-taught performer on the Native American flute, Dr. Martindale has performed in various public venues. His combined use of the Shakuhachi and Native American flute allowed Dr. Martindale the opportunity to perform a world premier composition Soliloquy at the Tenri Culutural Institute in New York City. Dr. Martindale also incorporates the use of his flutes and drums within his mental health work with clients.

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