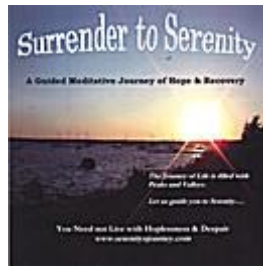


Mp3 Susan Lainey - Surrender To Serenity



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Susan Lainey is the narrator and "spiritual guide" in this "Meditative Journey of Hope Recovery", written produced by B Tiger of Mattapoisett, MA . 10 MP3 Songs SPOKEN WORD: With Music, WORLD: World Fusion Details: "Surrender To Serenity" was written, recorded produced by musician/composer/producer, B Tiger(serenitysjourney.com),of Mattapoisett MA in 2005, in collaboration with Susan Lainey as the narrator and "spiritual guide". It is a spoken word and meditative journey set to musical soundscapes that guide the listener through the concepts of a higher power, acceptance, courage and wisdom. This introduction CD will be followed by additional "journeys" in the future, to assist you on the continuous path to serenity. "Serenitys Journey" is dedicated to serving those who seek recovery from illness, depression or anxiety, addictions, personal loss or anyone who would like to add more peacefulness and serenity in their lives. There are additional tracks that discuss inspirational thoughts and recovery, which are related to this concept; as well as "The Serenity Prayer" itself. The photography on the jacket, also by B Tiger captures the true spirit of Cape Cod, and the beauty serenity of Ned's Point Lighthouse which is located in the small town of Mattapoisett, Massachusetts. Please visit serenitysjourneyfor more info to assist you. "Serenity isn't freedom from the storm, it is Peace within the storm.'

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