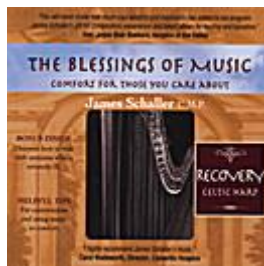


## Mp3 James Schaller - Recovery



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A beautiful, intimate and therapeutically-designed album to provide rest and stabilize biorhythms when a stable heart and breath rate are desirable. 13 MP3 Songs NEW AGE: Healing, NEW AGE: Relaxation

Show all album songs: Recovery Songs Details: Here you will find beautiful music that can touch your soul deeply with an artists reach and a surgeons skill. \* Find music to relieve pain and anxiety \* Nurture yourself or someone you love \* Use music to visit someone seriously ill \* Bring peace and comfort to those near end of life \* Support an alternative pain treatment \* Be encouraged that you can bring comfort no matter what the situation \* Support professional work with patients and ease dis-ease \* Discover the skills to visit with someone seriously ill \* Create healing environments for yourself or someone for whom you care

The concept for RECOVERY was created by artist and composer James Schaller, who has explored the world of healing music through his work as a Certified Music Practitioner playing at the bedside of hundreds of patients. James is a a rare combination of artist and healer with clinical experience. RECOVERY is lovingly performed by Angie Bemiss, an experienced Music Practitioner. The music from RECOVERY can: -Reduce anxiety which aggravates pain -Facilitate deep rest -Distract from pain and complements other pain treatments -Elevate the immune system -Lower and stabilize blood pressure -Lower the breath and heart rate for better rest -Soothe and comfort your mind and nurture your spirit

The music offered on RECOVERY is played with a mostly steady rhythm that is useful for stabilizing biorhythms when a stable heart and breath rate are desirable. It is recorded with solo Celtic Harp; there are no synthesizers swooshing and no chimes, bowls, chanting, vibrating etc. RECOVERY contains over 50 minutes of music that can be played for anyone who desire restful recovery. This recording is like having a Music Practitioner available to play at the bedside 24/7. It is intimate and therapeutically designed to take you into stable rest which is desirable for anyone recovering from illness, surgery, birth,

a cold or any dis-ease. SPECIAL BONUS! Discover how to visit with someone who is seriously ill.

Contains helpful tips for conversations and using music to comfort. MENTORING WORKSHOPS James Schaller facilitates mentoring workshops around the country to encourage clinicians to use therapeutic music to support their work with patients. He is the Executive Director of Sound Covenant, a not-for-profit organization dedicated to bringing live therapeutic music programs to hospices. It is embarrassing to admit that I was so blind to the benefits that music can provide in end-of-life situations. Thank you James for opening my eyes through the sharing of your research and talent. We were enlightened and entertained by your music and presentation. As a result of the inspiration and direction that you provide, our hospice organization will begin utilizing music as a modality to relieve suffering and provide comfort to our patients. --Dr. Ron Hartsfield, Medical Director, Wiregrass Hospice, Dothan, AL "At a trade show several nurses were listening on headphones and smiling with their eyes closed. Suddenly one of the nurses eyes opened quickly and she took off the headphones. Is it OK if we listen to this music and were NOT sick? she asked. I laughed and said, Sure you can listen whenever you need to relax..even when youre balancing your check book! --JS WILL I BE CURED? Curing is a return to a state that existed before disease. Healing means to bring comfort to a situation and comes from the root word 'hal' which means to be made whole or sound. The music from RESPITE has provided healing to many, many patients and their families. Deep rest and release from anxiety can be solid steps toward healing and recovery. Often someone will write to say that their loved one or patient requested that RESPITE be played continuously for hours at a time as it brought them such relief. Listen to the samples before you order. You can hear several selections..but dont operate any heavy machinery while you listen : - ) "I attended James Schaller's seminar in the Lancaster area last year. I purchased the package with both CDs and book and have used them many times when visiting patients and also for quiet times at home. They have been a blessing in both areas. Thank you for The Blessings of Music." (RESPITE AND RECOVERY CDs). --J.D. - Lancaster, PA "As soon as your CD arrived my sister, who is a nurse, put on the music. It played continuously for the last three days of my mothers life. It dramatically eased her pain, comforted family and staff, and brought dignity and calm to those last days. I cant thank you enough."

--JA, Recording Engineer and Music Producer, New York, NY "You will never know how much your wisdom and inspiration has added to our program. As a health care minister I recommend the inspiration and devotion of James Schaller. His gift for composition, experience and talent allows for healing and

transition." --Rev. Joyce Blair Buekers, Hospice of the Valley

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