

Mp3 Prana Trio - Pranam



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Compositions and Improvisations based on the sacred poetry of Lao Tsu, Issa, Rumi and Cummings. Demystification of the mystical. 7 MP3 Songs SPOKEN WORD: With Music, JAZZ: Jazz Vocals Details: Prana is a Sanskrit word translating into breath, vital energy, or life force. Yet, its actual meaning goes beyond these descriptions; it is really the primary energy of the universe. Prana Trio was established to transfer this universal idea of breath into a format based around musical improvisation. The latest CD Pranam is made up of songs inspired by the ancient sacred texts of Rumi, Lao Tsu, Issa and Cummings. The songs are composed using this poetry and then improvised over in an interactive setting. Bios: SUNNY KIM- Born in Seoul, Korea, Sunny Kim is an internationally acclaimed musician. She has performed, toured, and/or recorded with renowned musicians including Roswell Rudd, Frank Carlberg, Dave Fiuczynski, Pharoan AkLaff, and Carlos Alomar. A versatile singer, Sunny is comfortable in a variety of settings--bouncing from a hip-hop, to an avant garde free jazz foray, to post apocalyptic electronica. Sunnys influences range from Bjrk to Billy Holiday with lyricism and emotional presence that are all her own. She resides in Brooklyn, NY and has a Master's Degree from the New England Conservatory of Music. STOMU TAKEISHI- Born in Mito, Japan in 1964, Stomu Takeishi came to the US in 1983 to attend Berklee College of Music. He has performed around the world with Don Cherry, Henry Threadgill, Dave Liebmann, Mick Goodrick, Paul Motian, Myra Melford, Cuong Vu, Badal Roy, David Tronzo, Erik Friedlander, Tony Malaby and many others. Over the twenty years that he has resided in the US, Stomu Takeishi's reputation as a talented and innovative bass player has earned him features in many international jazz festivals. Like a white-water rafter going over the falls, Stomu Takeishi is at his best when jumping headlong into another daring improvisation-taking chances and breaking the rules. BRIAN ADLER- Drummer Brian Adler is well versed in many forms of improvised music including jazz,

avant-garde, folk, and Indian music. He is known for his uniquely delicate, earthy sound and sparseness on the drums. He has shared the stage with Ran Blake, Bob Brookmeyer, Dave "Fuze" Fiuczynski, Dave Holland, Erik Lawrence, Joe Lovano, and Kate McGarry. He is the back-bone of Prana Trio and is the founder of Circavision Productions. Brian holds a Bachelor's Degree from the New England Conservatory of Music. CD Personnel: Sunny Kim- vocals Stomu Takeishi- basses Brian Adler- drums and cymbals Frank Carlberg- piano (1,3,7) Jeremy Udden- reeds (2,4) Michael Winograd- clarinet (4) Chris Donohue- tenor saxophone (4)

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