

## Mp3 The B Sexuals - Ceci N'est Pas Un Band



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Good For You 12 MP3 Songs ROCK: Modern Rock Details: The B Sexuals formed in Sacramento, CA late in 2003. They consist of just two members: Phil Goodwin and Mike Conroy. Using a minimalist approach, they rely on an acoustic guitar and two drums to compete with the sound of a full band. The plan usually succeeds. Sometimes it tries really hard. "They accomplish so much considering how little is going on up on the stage. (Rant Magazine 7.04) As far as cities go Sacramento's a small place, but the music scene offers several outlets. Great places to see the band include Old Ironsides and Luna's. But you're not limited to traditional rock shows when you see The B Sexuals. They perform theatrical pieces like 'The Synthetic Pleasure Show' and make occasional appearances at comedy nights. No element defines the B Sexual sound more than Mike Conroy's drumming. With the use of brushes he accomplishes a range impossible with sticks and a traditional set-up. Mike played for several years in various jazz and dance groups and this dance-beat background allows every song to cruise by. "Conroy's brush-stroke percussion left plenty of room for the audience to hear Goodwin's quirky, clipped lyrics while providing a strong backbeat." (Sacramento News Review 12.23.04) If this doesn't sound appealing, and you still need those big cymbal crashes, go see Mike play in Giant Squid. Phil has fronted several bands in the Bay Area. After relocating to Sacramento he began a project called Maggots Or Rice which used his late grandmother's typewriter for percussion. They were "a visually curious duo with haunting songs and painstakingly catchy melodies." (SM Daily Journal) With The B Sexuals, Phil's songs are much more accessible, if you get past all the broken strings. He plays the guitar as if he's mad at it; energy present in every song. Alive and Kicking awarded the band with Best Stage Presence for 2004. And he still types every lyric on the typewriter.

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