

Nutritional Psychology Of Childhood

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A comprehensive overview of research on the psychological aspects of nutrition in developing children. The Nutritional Psychology of Childhood is a systematic account of research on the psychological aspects of nutrition in children from birth to adolescence. It deals with two major themes: the development of eating and the effects of malnutrition on the developing child. Robert Drewett discusses the developmental problems that arise with eating and food intake, including nursing and weaning in infancy, the handling of solids and the development of food choice and eating habits. Nutritional problems are considered in children born preterm or small for gestational age, or whose growth is poor, in children who are iron deficient or more generally malnourished, and in children with physical illnesses, including phenylketonuria and cerebral palsy. The development of eating disorders and obesity are also considered. Drawing on research from both developing and industrialised countries, this book will be of interest to students, researchers and professionals in psychology, nutrition and child health. EAN/ISBN : 9780511282454 Publisher(s): Cambridge University Press Format: ePub/PDF Author(s): Drewett, Robert

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