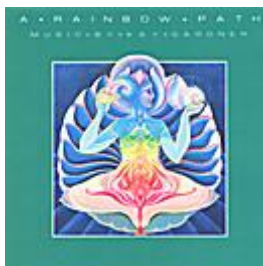


Mp3 Kay Gardner - A Rainbow Path



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This landmark recording by an early pioneer in the field of healing through music, correlates music, color and chakras, and is a testament to Kay Gardner's musical genius. 8 MP3 Songs NEW AGE: Healing, NEW AGE: Meditation Details: This is evocative, beautiful acoustic instrumental music, perfect not only for relaxation and listening pleasure, but also for movement and dance, and most specifically for meditation, massage, and various disciplines of holistic healing. Kay has pioneered in the field of healing through music, arts and color, and this recording is the culmination of her research. It is scored for (get ready): flute, recorder, harp, oboe, clarinet, bassoon, French and English horns, trombone, violin, viola, cello, doublebass, vibraphone, tambura, timpani, bells and small percussion, and subtle voices. Kay draws from classical, Irish, Eastern, medieval, and avant-garde elements. Each of the 8 segments correlates to a color, a sound, and a chakra (energy center). Instruments were chosen accordingly and written meditations are provided. This is truly a deluxe, many-dimensional experience. Biography Kay Gardner has been at the forefront of musicians devoted to the composition of music for healing, meditation and relaxation. Classically trained, Gardner is also recognized in folk, jazz and new age circles for her evocative and haunting works. She has over a dozen recordings of original music available - from solo flute meditations to music for small ensembles, from orchestral compositions to large choral works. Kay has traveled world-wide with her concerts and music healing workshops. Author of *Sounding the Inner Landscape: Music as Medicine*, she is recognized as a leading authority on the curative use of music and sound. We lost Kay from this world in August of 2002, shortly after she had performed and spent time among friends at the Michigan Womyn's Music Festival. We miss her dearly. Quotes "She plays in inspired communion with her music and the Great Mother Goddess." - New Age Journal "Gardner has ransacked the literature and wisdom of the world for clues to the use of music in healing." -

The Albuquerque Journal "She captivates with her innate musicality and the persuasive power of the ancient tonal modes that comprise her style." - The Hartford Courant "Sounding the Inner Landscape is a must read for anyone who desires to penetrate the inner dimensions of music as a healing art." - Bobby McFerrin Accomplishments * Maine Composers' Festival, First Prize in Composition, 1982 * Jane Schliessmann Award for Excellence in Women's Music, 1989 * Maryanne Hartmann Award, Women in the Curriculum, 1995 * ASCAP Standard Awards, annually since 1979 Publications * Sounding the Inner Landscape: Music as Medicine, Caduceus Publications, 1990 * "Music for Relaxation" in The Big Book of Relaxation, 1994 * "Composing or Choosing Music for Patient Use During Surgery" in Current Research in Arts Medicine, 1993 * "And the Children Shall Lead..." in Music Therapy Journal, 1989 * "Music as Medicine" in Ms., 1991 * "How to Choose Healing Music" in New Age Retailer, 1992 Performances * Orchestral works performed by the Bournemouth Sinfonietta (England) * Kansas City Symphony * Kalamazoo Symphony * Rohnert Park Chamber Orchestra * National Women's Symphony * St. Joseph Symphony * Portland Maine Symphony * Midland-Odessa Symphony * Minnesota Philharmonia Composer Performances at: * Carnegie Recital Hall * Major Women's Music Festivals * Forty-six American States * Three Canadian Providences * England * Ireland * Scotland * Thailand * Mexico * The Netherlands * Indonesia Home | Search | Cart | Login

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