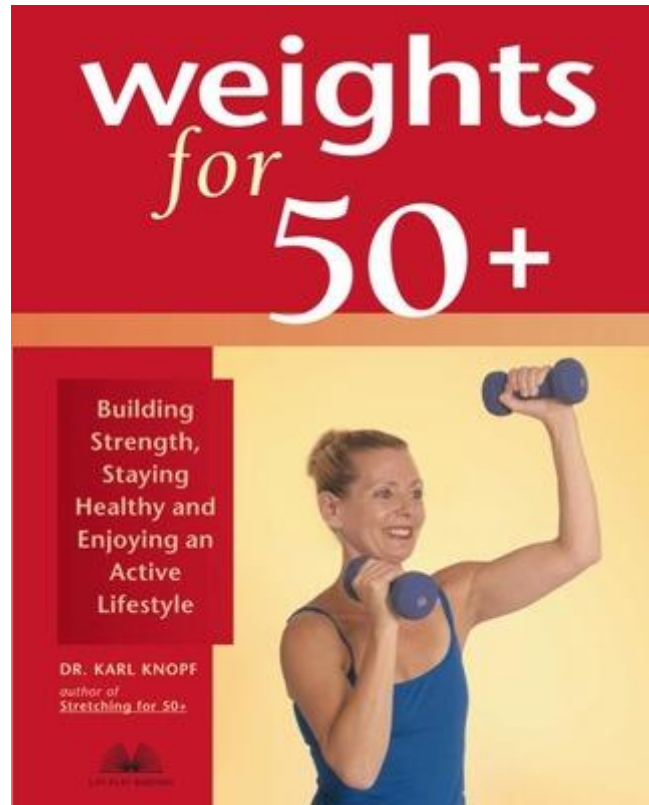


Weights For 50+: Building Strength, Staying Healthy And Enjoying An Active Lifestyle - Karl Knopf



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