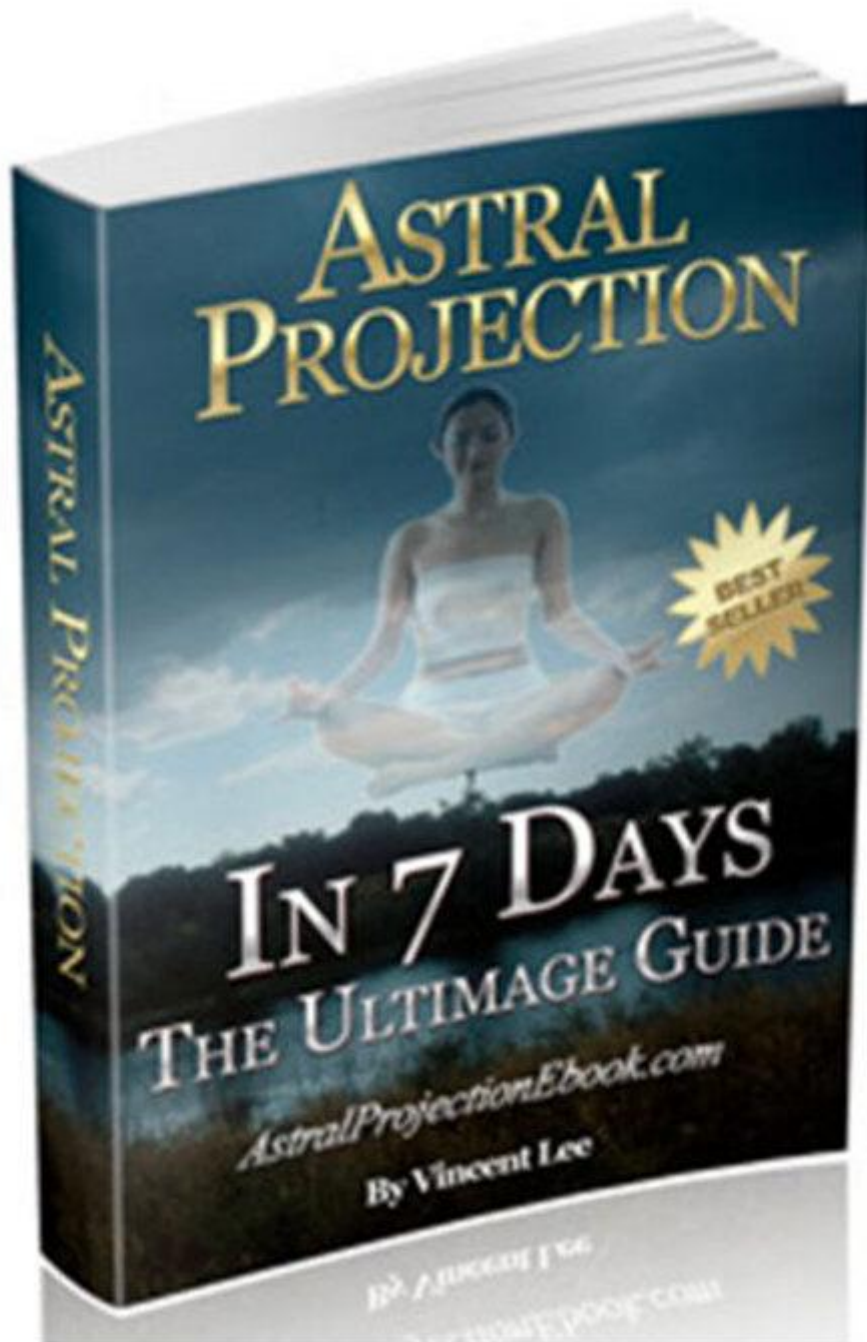


Astral Projection - In 7 Days



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Have you ever experienced finding yourself floating in the air and at the same time seeing your physical body when you are asleep? For those who experienced this the first time, the thought of death might strike them immediately and it could be scary no doubt. Was it a dream or was it real ? Such experience is known as Astral Projection or Astral Travel. It happens when our mind leaves our physical body and

travels to anywhere not restricted by time and distance. Astral Project is no secret. No skills needed and anyone can do it. Most importantly, it is perfectly safe to practice. What occurs in the course of Astral Projection Some who have experienced Astral Travel said that they are conscious and fully aware of what was going on and the things they encountered when they are separated from their physical bodies. Some feel that they are floating in the sky and some said they saw their own bodies from another angle. Interestingly, during the period of Astral Projection, people can do things that they normally cannot do. For example, they can walk through rooms and walls, they can fly and float, they can visit places they have never seen or been before. It is said that even the disabled will behave like a normal person and perform any tasks any normal person can do. Also, they can even meet friends, relatives, family members or their love ones who have already passed away long ago! Some said that the body is connected to a silver cord but this varies from individuals. Whatever it is, the important thing is that it is perfectly safe and the person can return to his own body easily and automatically at will and there will be no harm done to the physical body at all when the mind is away. Is Astral Project for everyone ? The answer is a definite YES. No special skills or talent is required. In fact, everyone already posses this ability when we were children but we were not aware and thus as we grow older, we tend to have forgotten about it. To achieve Astral Projection, you need constant practice and reading and advice from experts in order to master the technique. Above all, you need to know how to put your mind in a relax state and understand and discover what is needed to achieve that state easily for yourself. So feel free to go through the site to learn more about tips and guides to a success in Astral Projection. I will be adding articles to the site constantly and hopefully they can be of much help to you. Important Note Astral Projection or Astral Travel is a very sensational and special experience that you should really try to achieve. It is perfectly safe and an experience that is very pleasant and should be embraced. Many people after having this experience have developed a very positive attitude in life. Some even discovered great ideas and used their ideas and became very successful person, both financially and spiritually.

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