## **Mp3 Cynth - Flute Medicine**



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Flute maker/musician Cynth and 7 time Grammy winner Roger Nichols joined forces to create a healing journey filled with the organic soulful sounds of bamboo flutes, voices and more, touching our ancient roots with heart love. 10 MP3 Songs NEW AGE: Healing, NEW AGE: Meditation Details: Flute Medicine is excellent for massage, yoga, relaxation, traffic jams, the dentist's chair, enjoying the love and more. Bob Weiss, President of Around the World Music says, "No one in America is doing what she's doing. This CD is unique!" The bamboo flute is a gift given to heal us, uplift us and accompany us into all of life's experiences. In a complicated world filled with pressures and demands, Flute Medicine mirrors simplicity, stillness, beauty and the sublime. As the breath breathes us, the wind of the flute invites us to feel our divine origins, the original message that lies within. I invite you to drift up and away on the incredible sounds of bamboo, the human voice, bowls, bells and natural percussion as I dedicate this to You! CYNTH'S BIO Daughter of a jazzman and classically trained, (she studied with the 1st chair flute of the LA Philharmonic) Cynth signed her first recording contract with Warner Bros/Seven Arts at the age of 19, and released an album with hall of fame singer/songwriter Paul Williams and award winning producer Richard Perry. She continued to work as a studio musician in Los Angeles before journeying to San Francisco to become a musician with the world-acclaimed San Francisco Mime Troupe. From there, Cynth went on to play with numerous bands in major venues throughout Los Angeles and San Francisco. Her Los Angeles based group High Risk was the first release for the groundbreaking woman's recording company Olivia Records. After many years as a flutist, Cynth began making her own bamboo flutes and exploring the powers of what she calls "organic music." She continues to be a musical pioneer and researcher, recently studying with the royal court drummer of Benin, Desiree Adamou and Senegalese masters Sheik Dieye and Fara Gaye. ALBUM NOTES 1. SENSEI SENSIBILITIES (4:43) Black bamboo

flute 2. WIND WALKER (4:22) Pan Pipes, bass bamboo flute, wolves and wind walker 3. RUMI'S FIRE (3:41) Black bamboo flute, djembe, finger cymbals and tambourine. 4 TEMPLE PATH (5:12) Buddhist nuns, bamboo flutes C flute, temple bowl and bells. 5. PYRAMID (8:27) Two brindle flutes, temple bells and bowls courtesy of Gail Dolgin. 6. ALL THERE IS (5:17) C flute, bamboo flutes, djembe and bells 7. THE STREAM CALLED CLEAR (4:59) Small bamboo flutes, the streams of Ohio, birds, crickets and frogs. 8. NIGHT BREATH (5:13) Green bass bamboo flute and water drum 9. DREAM LODGE DANCER (5:13) Native American cherry wood flute 10. GIOIA (pronounced "Joya") (12:43) Oregon bamboo bass flute, C flute and the shores of Maui, Hawaii recorded over a five year period by RogerNichols.

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