

## Mp3 Bridget Watson - In My Own Skin



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The Melodic Wordsmyth 23 MP3 Songs SPOKEN WORD: Poetry, SPOKEN WORD: With Music Details: Bridget Watson - The Melodic Wordsmyth Listening to Bridget will leave you with a true appreciation for poetry laced with musical accompaniment. You will have her tracks placed on repeat mode of your cd player! In My Own Skin takes you in to the person Bridget Watson embodies. Some say their lives are an open book, Bridget's life is in her book also entitled "In My Own Skin". So take a step deep into the heart and soul of Bridget Watson as she takes you on a journey through her hopes, dreams, disappointments, and aspirations. Her poems paint a poignant picture of her struggles and triumphs that you not only relate to but embrace as your own. You can feel each poem speaking to you touching that which makes us human, if not humane. Bridget was interviewed by Visit Black Chicago; below is an excerpt from the interview: "My journey is unique in two distinct ways; (1) in the choices I have made for my life and (2) having the courage to take full accountability for my choices. I started documenting my life's journey at age 9; I read a lot as a kid and I still do as an adult because when I read, I am the consummate traveler and adventurer and I feel it is writing that lifts you from your present to your past, present and future which is powerful. The examples I had as great African American women writers and poets were Gwendolyn Brooks, Maya Angelou, Nikki Giovanni and Toni Morrison. I was inspired by them to be honest in my writing and not being fearful to say what I felt needed to be said and to say it proudly."

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