

Mp3 The Mainkaukau - World: Island



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Contemporary Hawaiian music created by a contemporary Hawaiian. 12 MP3 Songs WORLD: Island, EASY LISTENING: Soft Rock Details: Aloha from the beautiful Hawaiian Islands. Where the green is green and the blue is blue. A place where generations of different cultures have blended together with the traditional Hawaiian lifestyle and tropical environment to produce not only a paradise found but also a paradise of sound. So check Hawaii out and see what's it all about. Experience the enchanting hot lava of the volcano "Kilauea", the haunting cold snows of the great mountain "Mauna Kea", the awesome giant surf at "Waimea" Bay and the soothing to rocking sounds of music made in Hawaii by the "Mainkaukau". Woo Hoo! Why this name? The word "Main" as defined by Webster's dictionary means, "Being most important". The word "Kaukau" in the Hawaiian language could mean "Ready". As Hawaii went through it's cultural changes, the perception of many Hawaiian words changed due to the introduction of foreign languages. The word "Kaukau" became associate with food because when a meal was ready to eat, people would shout out "the food Ready!" or "Kaukau!" Much like the Hawaiian word "Luau", "Luau" does not mean "Party". The word "Luau" became associated with the word "Party" because of the high volume of "Taro" Leaves or "Luau" leaves used in the preparation and ingredients of the food found at the party. Funny how those things happen, yeah? In my case, The Mainkaukau was meant to mean "The Main food". The main food at the music "Luau" (Party). My influences? All music near and far but especially Hawaiian Slack-key guitar. Equipment used: Guitars, Ukuleles, Banjo, Bass guitar, Harmonicas, Kalimbas, Congas, Drums, Electric piano, Steel guitar, Saxophone, flute, percussions and Vocals. LYRICS and some personal notes... 1) "Hawaii Pono I" Written by King David Kalakaua Music by Prof. Henry Berger, the Royal Bandmaster Hawaii pono i kou, moi Kalani Alii, ke Alii. Makua Iani e Kamehameha e Na kaua e pale Me ka i he. (translation) Hawaii's own true sons, be loyal to your chief

Your country's liege and lord, the Alii. Father above us all, Kamehameha, Who guarded in the war with his ihe, 2) "The Rock" Copyright 2006 (Music and Lyrics written by Eric Kanoa Laride) Note: A song that was written for a documentary about the abuse of crystal meth in Hawaii. I TAKE THE BODY, I TAKE THE SOUL, I TAKE THE MONEY, I ROCK THE ROLL. I KILL REL I GION, I KILL THE PAIN, I TAKE NO CREDIT, I TAKE THE BLAME. I'M A PIECE OF THE ROCK, YOU CANT KEEP US APART, I'M A PIECE OF THE ROCK, I'LL STEAL YOUR HEART. I WRONG THE RIGHT, I HURT THE GOOD, I CONFUSE, THE UNDERSTOOD. I GOT NO FRIENDS, I'M NOT FIRST OR LAST, I COME AND GO, OH, SO FAST. I'M A PIECE OF THE ROCK, YOU CANT KEEP US APART, I'M A PIECE OF THE ROCK, I'LL STEAL YOUR HEART. I HIDE THE TRUTH, I LOVE THE LIES, I SURVIVE, WITHOUT DISGUISE. I CALL YOUR NAME, AROUND THE CLOCK, I'M NOT THE KEY, I AM THE LOCK. I'M A PIECE OF THE ROCK, YOU CANT KEEP US APART, I'M A PIECE OF THE ROCK, I'LL STEAL YOUR HEART. 3)

"Medicine" Copyright 2006 (Music and Lyrics written by Eric Kanoa Laride) Note: Everyone is aware of the illegal drug problem on the other hand we have the legal drug problem. WHEN I WAS A LITTLE BOY, I WAS'NT FEELING WELL ONE DAY, MY MAMA TOOK ME TO THE DOCTOR, HE SAID: "BOY, YOU LOOK A LITTLE FUNNY, BUT I CAN MAKE YOUR DAY A LITTLE MORE SUNNY, I'LL JUST INTRODUCE YOU TO MY FRIEND, MEDICINE". MEDICINE, TAKE IT NICE AND SLOW, MEDICINE, SCOOBY DOOBY DA DOE, MEDICINE ALOHA NO. LOST MY ALOHA THE OTHER DAY, THE PAIN I FELT WOULD'NT GO AWAY, SO I WENT TO THE DOCTOR , HE SAID: "FORGIVE AND FORGET TO DROWN YOUR SORROWS, TAKE 2 OF THESE AND CALL ME TOMORROW, THEN YOU'LL KNOW MY FRIEND, MEDICINE". MEDICINE, TAKE IT NICE AND SLOW, MEDICINE, SCOOBY DOOBY DA DOE, MEDICINE ALOHA NO. LYING IN A HOSPITAL BED, NOT FEELING TO ALIVE OR DEAD, THE DOCTOR COMES TO ME FINALLY, HE SAID: "NOTHING LAST FOREVER , NOT THE FISH IN THE SEA, NOT THE BIRDS IN THE SKY, NOT THE FLOWERS OR THE TREES, NOT EVEN OUR FRIEND, MEDICINE". MEDICINE, TAKE IT NICE AND SLOW, MEDICINE, SCOOBY DOOBY DA DOE,

MEDICINE ALOHA NO. 4) "Koke'e Cow" Copyright 2006 (Music and Lyrics written by Eric Kanoa Laride) Note: Quote from a friend , "After the storm we had nothing. You can only eat peanut butta sandwiches for so long. From small kid time, we use to go hunt up Koke'e so we knew had wild cows up there. We would go grab one chicken, pick some watercrest for make soup and shoot one cow or two for meat. We would cut um up right there and take home the meat in the kind big old rice bags". For feed the families,

man. For feed the families". KOKE'E COW I HEAR YOU, KOKEE'E COW I SEE YOU TO, BORN TO RAISE AND RUN YOUR FAMILY, BUT LISTEN FOR THE FOOTSTEPS IT MIGHT BE ME. THE NETS ARE EMPTY, THE HARVEST DOWN, TIMES ARE HARD BABY, NO JOBS AROUND. MY FAMILY HUNGRY, THEIR SPIRITS REALLY DOWN, THEY KEEP ROLLING THE DICE, WILLING TO MAKE ANY KIND OF SACRIFICE. KOKE'E COW, YOU DIED FOR ME, KOKE'E COW, YOU FED MY FAMILY. THE NETS ARE FULL AGAIN, THE HARVEST VERY VERY GOOD, MY FAMILY HAS GROWN, JUST LIKE I KNEW THEY WOULD, KOKE'E COW, NOW, MY SKIES ARE OH SO BLUE, KOKE'E COW, I OWE IT ALL TO YOU. 5) "My Kind of Woman" Copyright 2006 (Music and Lyrics written by Eric Kanoa Laride) Note: A song about some of the virtues I look for in a woman. MY KIND OF WOMAN, SHE EAT "SASHIMI", MY KIND OF WOMAN, SHE GIVE ME GIVE ME LOTS OF LOVE, A WHOLE LOT OF LOVE. MY KIND OF WOMAN, SHE DRIVES A STANDARD, MY KIND OF WOMAN, I CAN UNDERSTAND HER ALL THE TIME. UNDERSTAND HER ALL THE TIME. MY KIND OF WOMAN, THE WAY SHE WIGGLES, MY KIND OF WOMAN, THE WAY SHE GIGGLES, MAKES ME DO A LOT OF CRAZY THINGS, I CAN'T STOP THINKING ABOUT HER. MY KIND OF WOMAN, SHE DOES THE HULA, MY KIND OF WOMAN, WILL NEVER FOOL YOU AT ALL, NEVER FOOL YOU AT ALL. MY KIND OF WOMAN, SHE'S LOCAL MOTION, MY KIND OF WOMAN, SWIMS IN MY OCEAN OF LOVE, MY OCEAN OF LOVE. MY KIND OF WOMAN, THE WAY SHE WIGGLES, MY KIND OF WOMAN, THE WAY SHE GIGGLES, MAKES ME DO A LOT OF CRAZY THINGS, I CAN'T STOP THINKING ABOUT HER. MY KIND OF WOMAN, SHE "LOMI LOMI", MY KIND OF WOMAN, SHE "HONI HONI" ALL THE TIME. MY KIND OF WOMAN, SHE FOREVER AND A WHILE, MY KIND OF WOMAN, SHE MAKE ME SMILE. MY KIND OF WOMAN, THE WAY SHE WIGGLES, MY KIND OF WOMAN, THE WAY SHE GIGGLES, MAKES ME DO A LOT OF CRAZY THINGS, I CAN'T STOP THINKING ABOUT HER. OH NO, OH NO. 6) "Captain Cook" Copyright 2006 (Music and Lyrics written by Eric Kanoa Laride) Note: Captain James Cook was a great sailor, navigator and historian who had a great impact on Polynesia. This song focuses on his last voyage to the Hawaiian islands where a series of events triggered his unfortunate death. CAPTAIN COOK CAME FROM ACROSS THE SEA, WHEN "MAKAHIKI" THRILLED THE PEOPLE TO BLIND TO SEE, HE FOUND HIMSELF WHERE "LONO" SHOULD HAVE BEEN, WHEN HOSTILITY WAS OUT AND WHITE WAS IN. THE HAWAIIAN PEOPLE SAID, "HE'S OUR MAN", "HE'S HERE TODAY TO BLESS THE LAND", THEY FILLED THEIR BELLIES, THEY FILLED THEIR

BOATS , THEN SAILED OUT TO SEA, THE BROTHERS WERE FOOLED EVEN ROYALTY. COME ON DOWN WHEN THE GOING GOOD, COME ON DOWN I KNEW YOU WOULD, COME ON DOWN WHEN THE WEATHERS GOOD, COME ON DOWN I KNEW YOU WOULD. DON'T STEP ON MY SHADOW, OR MY FOOTPRINTS IN THE SAND, I SAY WHEN YOU SAY, I SAY YOU CAN. MY PATH IS SACRED, MY WORD IS THE LAW, I "ALII", GREATEST OF ALL. MY BODY IS STRONG, BEND BUT DON'T BREAK, TO SERVE YOU TO SERVE ME , MAKE NO MISTAKE. ASK ME NO QUESTIONS, JUST ANSWER MY CALL, I "ALII", GREATEST OF ALL. FEED ME WHEN I'M HUNGRY, QUENCH MY THIRST, YOU ARE MY PRIORITY, AS LONG AS I AM FIRST. BLESSED BY "KAHUNA(S)", WALK PROUD AND TALL, I "ALII", GREATEST OF ALL. THE OCEAN "AKUA" TURNED BACK COOK'S PLIGHT, WITH WIND AND WAVES ALL THROUGH THE NIGHT, TO AVOID PERMANENT BLACK AND BLUE, THERE WAS ONLY ONE THING "COOK" COULD DO. CAPTAIN COOK WENT BACK TO HAWAII, "I'M TIRED, I'M HUNGRY, PLEASE FEED ME, "NO MAHALO" THE HAWAIIANS SAID, "YOUR BLOOD WILL CHANGE THE SURF FROM WHITE TO RED". COME ON DOWN WHEN THE GOING GOOD, COME ON DOWN I KNEW YOU WOULD, COME ON DOWN WHEN THE WEATHERS GOOD, COME ON DOWN I KNEW YOU WOULD. 7) "Pupu Blues" Copyright 2006 (Music and Lyrics written by Eric Kanoa Laride) Note: A menu of some of my favorite foods which unfortunately when consumed in mass quantities over a long period of time are not good for my general health. Thus, the "Blues" theme. Always check your blood and tire pressure. CRAB LEGS, LOBSTER TAILS, STEAMED CLAMS, SAUTED SNAILS, PASS ME SOME SUN DRIED GOAT, SLIDE THAT OYSTER DOWN MY THROAT, JUST MY "PUPUS" MY TOBASCO AND ME. STUFFED MUSHROOMS, TOMATOES TOO, SASHIMI, PORK TONKATSU, GIVE ME, GIVE ME, GIVE ME, AKU POKE, LOMI LOMI SALMON, SUSHI, JUST MY "PUPUS" MY SOY SAUCE AND ME. I GOT RIBS, TERIYAKI AND KALBI, DRIED SCALLOPS, ABALONE, KALUA PIG, HOT LAULAU, HULI HULI CHICKEN, SQUID LUAU, JUST MY "PUPUS" MY CHILI WATER AND ME. FROE GRAUS, CAVIER, OH HOW I LOVE A GOOD SALAD BAR, HOT DOGS, HAMBURGERS, FRENCH FRIES, ASSORTED PASTRIES AND PIES, JUST MY "PUPUS" MY KETCHUP AND ME." 8) "Mister Everything" Copyright 2006 (Music and Lyrics written by Eric Kanoa Laride) Note: I've been where I wanted to be. I've been where I didn't want to be. But no matter where you are, put a little religion in your life. HE'S GOT EVERYTHING HE COULD WANT AND EVEN MORE, A PERSONALITY THAT'S REALLY QUITE SELF-ASSURED. HE'S A EDUCATED, GRADUATED

STUDENT WITH A PHD. A BLACK BELT KARATE EXPERT OF THE FIRST DEGREE. MISTER EVERYTHING NIGHT AND DAY, MISTER EVERYTHING , HE USE TO SAY, THAT NOTHING REALLY MATTERED NO NOTHING REALLY MATTERED TO ME, BUT THE LORD AND MY LADY. HE KNOWS THE FLOWERS AND THE FISHES AND ALL OF THE SCENIC SIGHTS, A HUNTER'S HUNTER N THE DAY OR NIGHT, A MARATHON RUNNER A WORLD CLASS ATHLETE, A BORN LEADER ALWAYS IN THE DRIVERS SEAT. MISTER EVERYTHING NIGHT AND DAY, MISTER EVERYTHING , HE USE TO SAY, THAT NOTHING REALLY MATTERED NO NOTHING REALLY MATTERED TO ME, BUT THE LORD AND MY LADY. HE CAN PLAY THE GUITAR AND ANY OTHER INSTRUMENT, A NATURAL COMPOSER, SONG WRITER, PERFECTIONIST. A CHAMPION SURFER A MODEL FOR THE TOP MAGAZINES, A SUPERSTAR GUARANTEED TO MAKE TO SCENE. MISTER EVERYTHING NIGHT AND DAY, MISTER EVERYTHING , HE USE TO SAY, THAT NOTHING REALLY MATTERED NO NOTHING REALLY MATTERED TO ME, BUT THE LORD AND MY LADY. 9) "Hanalei Mosquito"

Copyright 2006 (Music and Lyrics written by Eric Kanoa Laride) Note: The district of Hanalei is located on the North shore on Island of Kauai , Hawaii U.S.A. Historically, Hanalei has been noted as being the wettest spot on earth. Hence, the lush green valleys, the flowing streams, the enchanting waterfalls and the oversized Culicidaes. A friend and I were sitting on the porch of his house in Hanalei just relaxing when along came the biggest, ugliest, most adamant mosquitoes I've ever seen. Hence, the song Hanalei Mosquito was born. I HUNT YOU DOWN, BECAUSE YOU'RE THERE TO BE FOUND, I GOT SO LITTLE TIME TO PARTY. I DRINK WHAT I CAN GET, FORGET THE REST, I'M THE HANAIE MOSQUITO. POUND FOR POUND, I'M THE BIGGEST SUCKER YOU'LL EVER SEE, I CARE FOR YOU, BUT YOU DON'T GIVE A DAME ABOUT ME. I'M TAKING CARE OF BUSINESS, YOU'RE MY FAVORITE CUSTOMER, I'M REALLY VERY HAPPY TO SEE YOU, I'LL SHOW YOU HOW TO SHARE, WHEN WE CROSS THAT BRIDGE, I'M THE HANAIE MOSQUITO. POUND FOR POUND, I'M THE BIGGEST SUCKER YOU'LL EVER SEE, I CARE FOR YOU, BUT YOU DON'T GIVE A DAME ABOUT ME. 10) "Just Dance" Copyright 2006 (Music and Lyrics written by Eric Kanoa Laride) Note: I was sitting at a party one evening when I noticed that everyone there was up and dancing except for me and another guy across the table. I asked him if he ever danced . He replied, "Don't know how, that's why I hate these parties , nothing to do". I said to him, "Hey, what makes us believe that to sit here doing nothing is better than to sit here with nothing to do. Just dance." I thought that statement was rather profound at the time.

JUST BEND THE KNEES WHENEVER YOU PLEASE, MOVE THE HIPS AND CLAP YOUR HANDS,
SHAKE YOUR BODY LIKE A RUBBER BAND, JUST DANCE, JUST DANCE. BOUNCE AROUND
NEVER STAY IN PLACE, KEEP THAT SMILE UPON YOUR FACE, TWIST AND TWIRL JUST JUMP
RIGHT IN, IF YOU DON'T PLAY YOU CAN'T WIN, JUST DANCE, JUST DANCE. TAP DANCE TIPPY
TOE TO THE BASS, DOUBLE SLIDE SHUFFLE ALL OVER THE PLACE, BACK FLIP SOMERSAULT
ON THE FLOOR, JUMP RIGHT UP AND GO FOR MORE, JUST DANCE, JUST DANCE. DANCE LIKE
A BALLERINA, DANCE LIKE THE ROLLING SEA, DANCE LIKE A PAINTED PICTURE, DANCE LIKE
POETRY. JUST MOVE YOUR FEET WHEN YOU FIND THE BEAT, JUST BEND THE KNEES
WHENEVER YOU PLEASE, MOVE THE HIPS AND CLAP YOUR HANDS, SHAKE YOUR BODY LIKE A
RUBBER BAND, JUST DANCE, JUST DANCE. BOUNCE AROUND NEVER STAY IN PLACE, KEEP
THAT SMILE UPON YOUR FACE, TWIST AND TWIRL JUST JUMP RIGHT IN, IF YOU DON'T PLAY
YOU CAN'T WIN, JUST DANCE, JUST DANCE. TAP DANCE TIPPY TOE TO THE BASS, DOUBLE
SLIDE SHUFFLE ALL OVER THE PLACE, BACK FLIP SOMERSAULT ON THE FLOOR, JUMP RIGHT
UP AND GO FOR MORE, JUST DANCE, JUST DANCE. DANCE LIKE A BALLERINA, DANCE LIKE
THE ROLLING SEA, DANCE LIKE A PAINTED PICTURE, DANCE LIKE POETRY. 11) "Especially Me"
Copyright 2006 (Music and Lyrics written by Eric Kanoa Laride) Note: Whenever I see the lost, the meak
and the homeless, I ask the Lord to give me the strength and knowledge to treat all people with
compassion, understanding and benevolence. COME AND SHARE MY SHADY LITTLE SPACE, WHEN
THE SUN SHINES ALL OVER THE PLACE AND YOU FIND IT HARD TO DRINK WHEN THE WATERS
WARM. WHAT'S MINE IS YOURS JUST SAY PLEASE, LEAVE ME THE FLOWERS AND THE TREES,
NOTHING EQUALS NOTHING I'LL GO AS I CAME. I PLAY THIS GUITAR FOR FRIENDS AND FAMILY,
FOR THE "KEIKI" IN THE PARK THE "MANU" IN THE TREE, FOR EVERYONE, ESPECIALLY ME. MY
FEET TAKE ME FAR AS I WANT TO GO, I GOT NO STEREO RADIO, NO WITTY WORDS TO CALL
MY OWN, BUT I GOT THIS GUITAR AND A LITTLE KNOW HOW, ALL I ASK IS FOR SOME OF YOUR
TIME, YOU'LL SEE I'M NOT VERY HARD TO PLEASE. I PLAY THIS GUITAR FOR FRIENDS AND
FAMILY, FOR THE "KEIKI" IN THE PARK THE "MANU" IN THE TREE, FOR EVERYONE, ESPECIALLY
ME. TODAY FEELS LIKE YESTERDAY, YESTERDAY FEELS LIKE TOMORROW, I GOT NOTHING TO
LEAD NO NEED TO BORROW, BUT I GOT THIS GUITAR AND A LITTLE KNOW HOW, ALL I ASK IS
FOR SOME OF YOUR TIME, YOU'LL SEE I'M NOT VERY HARD TO PLEASE. I PLAY THIS GUITAR

FOR FRIENDS AND FAMILY, FOR THE "KEIKI" IN THE PARK THE "MANU" IN THE TREE, FOR EVERYONE, ESPECIALLY ME. 12) "Star Spangled Banner" By Francis Scott Keys Note: This guitar arrangement was created to represent the two faces of the United States of America. War and peace.

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