

Mp3 Joy Gardner & Aleho - Altered States Of Planet Earth



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The powerful voice of the shaman rides on the wings of the mystical didgeridoo, carrying you to distant lands and altered states. 8 MP3 Songs NEW AGE: Shamanic, NEW AGE: Healing Details: Altered States of Planet Earth Sounds to Help Restore the harmony of the Planet This album was inspired by a desire to bring positive energy to the planet, to restore balance and replace the harm that has been done by our species. These sounds are inspired by the Earth herself. They call out to her; they give voice to her pain and her joy; they comfort her. They will do the same for you. How this CD was created Joy and Aleho were improvising and it was as if a bunch of Shamans came through and had a field day, using them as their microphones. What fun! They decided to do a professional recording. They arrived at the studio with four didgeridoos. The sounds flowed out. The Shamans were alive and well. Just one track was recorded twice. Introductions Joy Gardner has written eleven books on Vibrational and Sound Healing. She is not trained as a musician. She is a sound healer. She allows the sounds to come through her. She teaches how to sound from your heart, how to put your feelings into sound, how to open your mouth and let the sounds come through. For more information see: highvibrations.net Aleho (aka James Lowe) is a crystalsinger, using sound and crystals for healing and other blessings. During this recording session, Aleho was channeling a spirit guide by the name of E!kayake Ek (meaning He blows his knowing). For Aleho, the didgeridoo teaches the functions of inspiration and creation, and how to maintain both at once. He also sings (including overtone), plays guitar, flute, keyboards. email: aleho@blessingstead.com

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