

Mp3 Ras Kagiso Mpala - Expressions Of Afrikan Peace



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An elegant mixture of poetic lyrics and earth rhythms. A mbira-driven soothing tapestry addressing the complexities of peace. 14 MP3 Songs

WORLD: African, FOLK: Political Details: expressions of afrikan peace : peace in self-determination touching on the physical, mental, and spiritual, ras kagiso mpala (colin k samuels) weaves a soothing tapestry addressing the subject of peace. truly a labour of love, this cd represents inspirations spanning over twelve years of intense soul searching, soul discovery and soul communications. an elegant mixture of poetic lyrics, earth rhythms, and vocal harmonies, expressions of afrikan peace is an attempt to expose the various issues surrounding peace faced by afrikans at home and abroad. the body is the vessel for active intimate relations between earth and spirit this kind of symbiosis clears pathways - it makes pathways visible with the spirit alive in the body, the god-language of the natural world is more decipherable, more noticeable. as the spirit within is animated rather than smothered - more energy is created which will react with the environment external to the current body/house. peaceful energy encourages acts of harmony and creation with what do we come into this life - into what do we land expressions of peace are quite comfortable in self-determination, self-definition, self-direction, and control over one's resources. however, these expressions hail from states where these elements are lacking. the mbira, the main instrument heard on this recording, reflects expressions of afrikan peace, through its tones, harmonies, rhythms and history. expressions of afrikan peace : peace in self-determination instrumentation : mbira, drums, bass, djembe, kalimba, tama, various percussion, piano/keyboard, keyboard sequencing : ras kagiso mpala music and lyrics written by ras kagiso mpala colin samuels 2005 ras kagiso mpala (colin samuels) is an ottawa-born and based poet and musician active as a dance accompanist and vegetable gardener. please visit kagiso for more information.

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