

The Lebanese Heritage Cookbook - Louise Stelma

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"There is no spectacle on earth more beautiful and appealing than that of a woman in the act of cooking for those she loves." "Lou lives and breathes Lebanese cooking! Her home is permeated with the fragrances of the culturally refined Lebanese dishes she prepares from her heritage. What a great neighbor Lou made! Her cookbook will be treasured by all cooks, and make elegant family gifts." -A. S. R. Indiana "This cookbook would have saved me hundreds of dollars in phone calls to aunts for advice on cooking Lebanese Food. A "must have" for all those who love the healthy food of the Middle East."

-Donna A. Shalala, Office of the President, Miami University "Knowing Lou for 30 years, I have tasted many of her recipes for Lebanese food. Her tabouli, stuffed grape leaves, and other recipes are delicious and better than most Lebanese restaurant's. This is a winner." -Dr. Elaine Wangberg-Menchaca, Graduate Dean and V.P. Research (ret.), California State University "Over the years I have tasted Louise's Lebanese cooking and I am delighted to say her food and recipes are the best. Maybe it is due to all the love she puts into her creations." -Sandra Ramsey-Lines, Forensic Document Examiner

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