

Mp3 Len And Wendy - Flow



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Inspiring and fun original folk/pop. "These guys are joyous and so is their music. Great harmonies - and songs with a great message (and sing-able chorus.)" - Wind River/Folk Era recording artist Cosy Sheridan 12 MP3 Songs FOLK: Folk Pop, FOLK: Modern Folk Details: Inspiring and fun original folk/pop. To get an idea of Len and Wendy's sound: imagine if a young Joni Mitchell teamed with a young Ry Cooder and they both loved ancient mystic poets like Rumi. Len and Wendy share songwriting and lead vocals and feature wonderful harmonies and dazzling guitar and mandolin playing. "Flow" features 12 original songs and masterful guest artists: Grammy-nominated cellist David Darling, percussionist Jon Seligman, and multi-instrumentalist Stream Ohrstrom. "Len and Wendy's 'Flow' is wonderful - a solid variety of honest songs, nimble and tasteful playing, singing, AND it's not overdone - it actually sounds like they do when I hear them live (kinda rare for a CD these days)...and a treat either way." - Wind River/Folk Era recording artist David Roth "...gorgeous harmonies, passionate originals, and soulful, virtuoso guitar playing...[Len] is without a doubt one of my favorite guitarists." - ECM and Hearts of Space recording artist David Darling Biography Len Seligman began playing guitar at 10 and performing at 15, winning a spot at the New Jersey Teen Arts Festival at 17. When he was 19, he was invited to an open mic feature spot at the Bitter End in New York, following an open mic appearance. From 1974-1982, Len played guitar and mandolin, sang, and wrote music with various folk and rock groups from New York to Maine. He opened for legendary folk singer Phil Ochs and once supported himself as a strolling singer in Hoboken, New Jersey. While pursuing a computer science research career and raising a family, he continued to perform around metropolitan Washington, DC. Wendy Seligman began playing guitar at 13 and sang with her high school madrigal group and chorus. She began writing music in the 1990s and has appeared solo and with the group High Spirits. Len and Wendy met and fell in love in 2000. Soon, the two

were co-writing music. They were married in 2003 and started performing in 2004, receiving enthusiastic receptions at clubs and coffeehouses.

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