

The \$7 A Meal Quick And Easy Cookbook - Chef Susan Irby

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It is possible to prepare affordable, nutritious meals in just minutes a day. With these clever culinary masterpieces, you will find the recipes you need to whip up delicious, deceptively inexpensive dishes that will have the whole family begging for more, such as: Skillet Zucchini Quiche; Greek Pita Pockets with Tzatziki; Shrimp Pad Thai Stir-Fry; Sweet-and-Sour Meatloaf; Five-Minute Chocolate Mousse; and much more! From soups and appetizers to entrees and desserts, these flash-in-a-pan recipes are all you need to please any palate! Author: Irby, Chef Susan Publisher: Adams Media Illustration: N Language: ENG Title: The \$7 a Meal Quick and Easy Cookbook Pages: 00336 (Encrypted PDF) On Sale: 2010-10-30 SKU-13/ISBN: 9781440502231 Category: Cooking : Methods - Quick & Easy

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