

Mp3 Jen/ed - Exposed



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Renegade poet, active-ist yogini: political spoken word to 'rile and rally' coupled with chanting for peace and healing 18 MP3 Songs SPOKEN WORD: Poetry, NEW AGE: Healing Details: "an artist known for flexing her free-speech muscles on everything from domestic policies to gender politics" -artvoice "exactly what we're all thinking but are hesitant to say" -The Examiner 'Exposed' is a recording of spoken word to rile and rally 'the masses' and Sanskrit chanting for peace and healing. Rich textures are added to spoken text by Angela Jimenez (acoustic guitar) and Denise Barbarita (bowed guitar, prepared piano, and oscillator). JEN/ed is both WO/mon and concept: writer, performing artist, active-ist, educator. The focus of her work is challenging; people, institutions, perceptions. She strives to invite and encourage individuals to seek and express their own stories. Jen does this by sharing her life- truths along with others that she gathers in her travels. The pseudonym 'JEN/ed': Inherited in college, due to the large number of 'Jennifers' in the 'gen. X' generation, the name JEN/ed has come to embrace the following: 1) Examined from both the perspective of a student and shortly after, mother, jen realized the down falls of our currently accepted 'gen(eral) ed(ucation)' system. She now speaks of the importance of Self-education. 2.) Jen openly acknowledges the existence within every being, of both feminine and masculine energies. This is just one instance of the many dualities to which we prescribe and are therefore divided in our thinking and in our lives. Raised in the eighties, by fifties-style parents in western New Jersey, Jen has a lot to write about... She states: "I was raised to get married, have kids and defer to my husband. I thank the universe for my attraction to rebellion, womyn, politics and TRUTH."

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