

Mp3 Wayne McCleskey - Finding Balance



[DOWNLOAD HERE](#)

These are disturbing times that we are witnessing. Fear and anxiety are rampant. Finding our center and a balance of energies is of utmost importance to health, wisdom and judgement. Finding Balance is designed to create the perfect avenue to peace. 18 MP3 Songs WORLD: Native American, NEW AGE: New Age Details: When I discovered the Native American Flute, about ten years ago, it was quite soon that I realized what a calming spirit the sound had for me as I played it. This CD contains pieces that speak to me of calmness, finding one's center and deepening peace. I hope that it conveys that to you as well and helps you to find comfort, healing and of course, Balance. Wayne McCleskey grew up in Texas and immigrated to the Pacific Northwest in 1985. A part of that move was finding a deeper connection to the Earth and Nature. The Native American Flute offers the experience of Breath made into sound. The word most often used to describe this sound is haunting. That very sound moves something inside of us that often feels emotional or spiritual. There is a healing quality to the sound of this instrument. Since 1996, I've spent a week every year at the Feathered Pipe Ranch near Helena, Montana at a gathering of flute people that is known as the Renaissance of the Native American Flute. There, I study with R. Carlos Nakai, probably the best known recording artist that plays the Native American Flute. Ken Light, who is a master at creating these instruments also co-teaches the gathering. This album grew out of a desire to share this music and to offer an experience of peacefulness and harmony within for the listener. As a Psychotherapist by profession I know a lot about how important Finding Balance is in our lives.

[DOWNLOAD HERE](#)

Similar manuals: