Mp3 Jerry Phillips - World Of Addiction

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Recovery rock,blues,country rock, mellow 10 MP3 Songs SPOKEN WORD: Instructional, COUNTRY: Country Blues Details: This Recovery CD is not vanilla; it's an in your face look at the world of alcohol and drug abuse and recovery. If you like Rock N' Roll, Blues, Mellow, Country, you will more than enjoy this CD. All songs tell a story, such as "I Didn't Know", where the user ends up dead from the senseless world of alcohol and drug addiction, as well as the hard hitting song "Tragic Magic", which shows the power of addiction and denial. The struggles and benefits of recovery are also shown in the songs "Gals in the Group", "Sober and Free", and "TSDD". My music, like me, is not boring, bland, or vanilla. I got clean and sober in the Boston area several years ago. New recovery was a struggle for me, as it is for many people, and at times I hung on by my fingernails. After several years sober, I started to write a book about my experiences and what I had learned on my recovery journey. In the book, I included some original poems. The book, like my recovery, went through several changes and I finally finished it earlier this year. My girlfriend and I had moved to Bristol, VA about 4 years ago (hence the name yankeesouth). We learned that Bristol VA/TN was the original home of country music. Being surrounded by so much musical history and local musicians, I began to think about putting my poems to music. I was lucky enough to find a local recording studio, Classic Recording Studio, where the owner Richard Porter was supportive of my vision. Throughout the development of this CD, he has been my mentor, supporter, and now a good friend. I knew nothing of what it took to make a CD, and considering I didnt even have a band, it was an interesting challenge. World of Addiction is the result. I hope you enjoy listening to it as much as we enjoyed creating it. Check out our website yankeesouthfor a look at what else we have to offer.

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