

## Mp3 Room 217 - Warm Breezes



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Familiar Boomer generation tunes sensitively recall moments of the past and offer a soothing backdrop to those facing life-challenging illness, complex care needs or the stress of 21st century living. 15 MP3 Songs EASY LISTENING: Instrumental Pop, EASY LISTENING: Soft Rock Show all album songs: Warm Breezes Songs Details: GROUNDBREAKING MUSICAL RESOURCE for hospices, hospitals, churches, synagogues, nurses, chaplains, music and recreational therapists and family and volunteer caregivers

Inspiration for the Room 217 Therapeutic Music Resource Collection has come from the loss of two very special people in Bevs life, her dad and her grandmother. Music played an important role in her relationship with both of them through the years. During the last months of their lives, music became a source of connection, comfort and communication between them. When Bev and her family were at a loss for words or when she was just by their bedside holding them, music bridged time and eternity and soothed the heartache each felt. Her father died in Room 217 at the Uxbridge Cottage Hospital, just north of Toronto, Ontario Canada. Bev believes music reassured him and lessened the fear of death. Nanny Gross died one year later at the age of 95. Spirit Wings rocked her to sleep. Bev Foster has taught music privately and in the school system for 25 years. She has served as executive director of the Ontario Vocal Festival and accompanist for the Orpheus Choir of Toronto. She was also recently nominated for a Shai Award for Best Inspirational Album for her solo album, Trustpoints. Spirit Wings was nominated for Best Instrumental album at the 2005 Canadian Covenant Awards. In March 2006, she was recognized nationally at the Leading Woman Awards in the arts, culture and sports category. Bev is the president of Strongheart Inc., the independent label company for Room 217. She is married to Rob and they have four children. Room 217 has quickly gained national acclaim. Canadian Living magazine calls Room 217 a new generation of palliative music designed to access memories, help surface emotions and connect

families in times of duress. Foster is traveling the continent with her performance/presentation Music for Lifes Journey. Songs are paced to match peoples breathing. The music is gentle, never bumpy or angular. Foster uses familiar tunes mostly from broadway to pop, from hymns to classical, from folk to original.

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