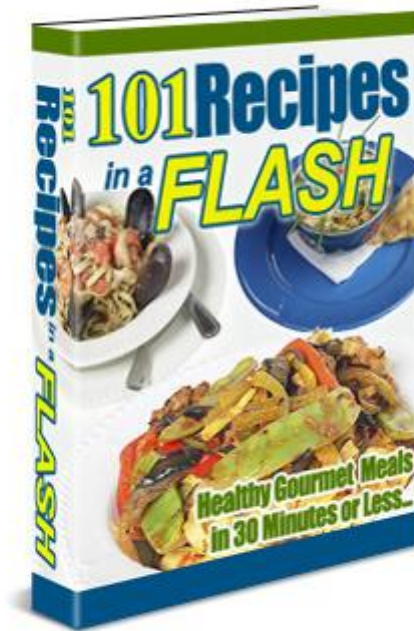


101 Recipes In A Flash



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For The First Time Ever, It's 'Easier Than Easy' To Create a Delicious Meal in Literally Minutes...

"FINALLY! You Can Cook A Professional Delicious Gourmet Meal Lightning Fast, Without Slaving Crazy Hours in Your Kitchen...30 Minutes or Less!" Move Out of the Way Emeril Lagasse, Rachel Ray, and Bobby Flay! There's a New Chef in Town, and His/Her Name is Let's face it, making a delicious gourmet meal is tough! There's no doubt, cooking is probably one of the most difficult trades to learn. And yet, it's not rocket science; cooking a delicious meal you see on television is next to impossible to create under 30 minutes and did I mention very difficult! Of course, some people will tell you to order some food out. WRONG! Ordering out again and again will leave your wallets emptier than a water jug in the Sahara Desert. However, the big problem is most books on cooking a delicious and quick meal mostly revolve around burgers, fries, and pizza, which can be delicious sometimes but not healthy to have every day of the week. But now there's good news! A few months ago, I wanted great tasting meals, made in a quick and efficient amount of time. The type of meal you'd see on television made by Emeril Lagasse or Bobby Flay; and yet created in a short amount of time like Iron Chef! (under an hour) My goal was set and I tried

a new recipe everyday creating a meal and then finding a way to shorten the recipes directions. Thus, creating intricate, yet delicious meals you can make under 30 minutes! .Now you can discover The Right Way to Cook Up a Storm at Lightning Speed My newly released work called 101 Recipes in a Flash is the quickest and easiest way to create professional and great tasting meals in a flash. Inside this magnificent work you'll get over 101 meals you'll absolutely love. Everything any housewife, busy-entrepreneur, student, gourmet chef, etc. would need.

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