

# Kimchee Cookbook - , Lee Kyou-tae

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Korea's favorite food - kimchee - is not simply a side dish. Made by pickling vegetables and other foods, adding seasonings and allowing the mixture to mature, it is the country's national dish. Based on the Asian theory of Yin and Yang, kimchee expresses Korean Cosmology in its highest form, in fact to a Korean, to eat kimchee is to become one with the universe. This cookbook catalogues over 80 recipes for all occasions, from traditional whole cabbage kimchee to gourmet stuffed crabshell delicacy. Sumptuous photographs illustrate the dishes and substitutes are offered for hard-to-find or specifically Korean ingredients. Tips on preparation and a historical and cultural over-view of the dish make for a comprehensive insight into Korean cuisine and culture. Author: Man-Jo, Kim Author: Kyou-Tae, Lee Author: O-Young, Lee Publisher: Periplus Editions Illustration: N Language: ENG Title: Kimchee Cookbook Pages: 00128 (Encrypted EPUB) On Sale: 2012-12-04 SKU-13/ISBN: 9789625935065 Category: Cooking : Regional & Ethnic - Asian

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