

Mp3 Mona Miller - Something I've Gotta Trust



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Mona Miller captivates the audience with this eclectic ensemble of ballads, swing, show stoppers and country. You'll be inspired and moved with these life-affirming stories. 18 MP3 Songs POP: with Live-band Production, COUNTRY: Modern Country Details: Mona Miller has been doing the impossible for more than 20 years bringing harmony to thousands of people through self-awareness. Monas techniques encompass the arts, as well as humor, self-reflection and taking personal responsibility for life as we know it today. A prolific creator, producer and writer, Mona is the author of the book and workbook Invisible Warfare, a step-by-step process to change your life from the inside, out. Her work provides a vehicle for readers to compassionately let go of past mistakes, traumas and other situations by ending the re-creation of old drama in their current lives. The power that comes from singer/songwriter Mona's original songs on her CD, "Something I've Gotta Trust" takes you on a journey based on her personal experiences. What she learned and shares is not only unique and unforgettable but will navigate you through the release of your own emotions, on the ride of your life. Her songs are happy, sad, angry, passionate, haunting, tender, loving and fun. Each track matches the intent and sentiments of a specific chapter and the process of self-discovery in Invisible Warfare, the book and special workbook edition. The listener will be amazed and delighted at the way she supports you as you find yourself in her ballads, such as in "Something I've Gotta Trust" or "When I Tried to Live For You," to the live inspirational performance of "Visualize" performed with a 44-piece orchestra. You can laugh and dance your way through life-changes with songs such as, "You Ain't Gonna Find Nobody Better Than Me" and "People Pleasin'." The CD is a collection of vignettes and stories that will touch your mind, heart and soul. Monas Childrens CD, "Pick Me Up Blues," sends much-needed messages of self-esteem and confidence to children in a fun and empowering way. A guest lecturer on communication and self-help for individuals, as

well as small and corporate business conventions, Mona's private clientele include leaders from both public and private sectors where she teaches how to lead -- whether a person or a company -- from a place of confidence rather than ego. Her proprietary tools and techniques deliver the ability to sustain change in record time. With early training in the arts, stage and television, this former TV star has taken all she learned in entertainment to create an atmosphere of learning that replaces tension with awareness and creativity. According to many of her clients, its not just her tools and what she teaches that makes her programs so challenging and powerful -- its also who she is. Mona is gifted with the ability to see right into the heart of clients and their issues, as she did for years with her audiences. Her way of incorporating humor as well as teaching non-judgmental self-observation delivers difficult lessons with a spoonful of sugar. People learn just as much laughing hysterically while listening to Mona as they do when they are buckled over crying. The learning process is not only entertaining, it works!

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