

# Guys Guide To The Delivery Room



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"Worried About Missing The Birth Of Your Child Because Your Nervous About The Delivery Room? Now You Can Witness The Miracle of Your Son or Daughter Being Born!" Dont Let That Fear Keep You From Experiencing A Literally Life-Changing Event. Be Prepared With Information To Take Away The Mystery of Childbirth Away So You Can Witness This Miracle For Your Self! Dear Expectant Father: Youre expecting a baby! Congratulations! This is a very exciting time in your life one that will be filled with more joy than you could ever imagine! Maybe youre not the father, but a supportive friend helping the new mother through her pregnancy. Either way, having a baby is not only a monumental task for the mother, but for you too! She needs you to be there with her and for her not only during the pregnancy, but in labor and delivery as well. Many men are reluctant to be present during the birth of a child. Some might feel theyre too squeamish to witness the actual birth. Others are afraid they wont be able to effectively provide support to their partners. Most of the time, the hesitation these men feel stems from the possibility that they are basically clueless when it comes to the miracle of childbirth. Thats Why This Book Is So Valuable To You! With A Guys Guide to the Delivery Room, well make you more informed about what to expect when SHES expecting. There are endless guides out there for mothers, but very little information for the fathers. Weve taken advice from experts, testimonials from fathers whove been there, and added some personal experiences to make this the greatest Delivery guide a father can have. Theres going to be a lot happening when you get to the hospital. Unless youre a doctor yourself, you probably wont understand whats happening. But you dont have to wonder once you order A Guys Guide to the Delivery Room. What will you find in these pages? So much! Just look! The stages of labor and what to expect. What happens when you get to the hospital? How to provide comfort measures for her. What to bring with you.

And so much more! You're not the only one feeling apprehensive about the birth of the baby. Moms probably feeling her own anxiety. A Guys Guide to the Delivery Room can help her too by providing information about topics that affect her as well. There's information in here about: Medications during labor Episiotomies C-Sections What happens once baby is born And more You'll impress her with the knowledge you will gain by reading this book. What's even better is that with this e-book, you can download it directly to your computer and read it any time you want. If she goes into labor at 3 a.m., just pull up this book and see what you can do to help. If you have a laptop, bring it with you right into the Delivery room for easy reference. Labor and delivery aren't easy for anyone. You can make it easier, though, with this helpful guide. A Guys Guide to the Delivery Room Can Set You And Her On Your Way To A Great Birth Experience! We won't talk to you in medical jargon in this book. We talk to you from a man's perspective that is easy to understand. And don't worry guys, it's not graphic at all! Most men get nauseous just thinking about seeing their partner in pain not to mention the body fluids. Unfortunately, that's what giving birth is about. But once you're equipped with information on what's happening, you'll find yourself dreading that part a whole lot less! You're going to be hearing a lot of stories from other guys about their own experiences in the delivery rooms. Likely, this will not only add to your own anxiety, but it will have you confused about whether or not you can handle the Delivery experience. But You Can And We Will Show You How! Somewhere along the line men were labeled with the stigma that they are uninterested, unsympathetic, cavemen, who care nothing about their pregnant wife or what's going on with their child. Erase that stigma and show her that you are interested in what she's going through during labor and delivery. Arm yourself with all the information you need to know by getting A Guys Guide to the Delivery Room today for just \$xx.xx. You don't have to stand off in a corner with a glazed look in your eyes when she's in labor. Get in there and get involved! Learn how to: Help her focus on her breathing to take her mind off the pain she'll be feeling Understand what's happening to her at the different stages of labor What all those machines in the room do and how they work Use a tennis ball to take away some of the pain Be completely supportive and reassuring when she starts to doubt she can make it through Master breathing techniques that will help BOTH of you All of your apprehension will fade away once you start reading our book. You are going to be a big part of this baby's life, you deserve to be a big part of his or her birth. You can couple the information we provide to you in this book with what you will probably learn in childbirth preparation classes. You see, the truth is that once the big moment arrives, even the

most cool and collected guys can forget what they learned in class. Once you order A Guys Guide to the Delivery Room, itll be there for you to reference anytime youre feeling unsure. This Book Isnt Like Any Other Pregnancy Guide Out There Its written especially for you the guy whos expected to be right there during delivery. Its like having a doctor right by your side you can call anytime you have questions. Thats how comprehensive weve made this book.

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