## **Mp3 Michael Brant Demaria - Ocean**



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Take a journey into the ambient sounds of the ocean with psychologist and soul guide Dr. Michael DeMaria. This CD is based on 25 years of research into the world of sound healing. 11 MP3 Songs in this album (64:17)! Related styles: NEW AGE: Healing, NEW AGE: Meditation People who are interested in Enya Deuter Coyote Oldman should consider this download. Details: Dr. Michael Brant DeMaria is a practicing psychologist, author, speaker and musician with 25 years of experience in the work of guiding others on their life journeys. A multi-instrumentalist, he began using music for his own healing from trauma at the age of 7. A diplomat in expressive therapy he integrates nature and creativity (poetry, music, play and art) in his work in dynamic and engaging ways. He has presented workshops, guided wilderness retreats and performed his popular keynote concerts nationally and internationally. He continues to work closely with friend and teacher David Darling as a senior student helping facilitate and mentor others in the art of improvisation in music and life. He is an Adjunct Professor at the University of West Florida, the Institute for Transpersonal Psychology and the Institute for Integrative Health. He is the author of Ever Flowing On: On being and becoming oneself, Horns and Halos: Towards the blessing of darkness, and the collection of poems, Moments. He is also the founder and director of ONTOS, a consulting company which specializes in helping individuals and groups live more creative, meaningful and satisfying lives. He has been the featured musician for renowned poets Robert Bly and David Whyte and played with many well known musicians such as Grammy winners Mary Youngblood, and Bill Miller, Grammy nominees David Darling and Carlos Nakai, as well as Coyote Oldman, Peter Phippen, Jeff Ball, and Ash Dargan. His popular first CD The River was released in fall of 2003 which was voted a staff favorite on Growth House Radio in San Francisco. His art, music and poetry have been shown or heard throughout the US as well as receiving air time in Australia, Europe, Asia and Russia. Ocean is his

second CD in the Healing Sound Series and takes the listener deep into the ambient sounds of the Ocean. Its You can find out more about Michael and his work at ontos.org. From Inside the CD: The Ocean brought all life to this planet. The Ocean is the great mother of the watersheds of earth - without which we could not live. The oceans of the world touch every continent, every people, every culture on our planet. They accept us all regardless of color, custom, language or belief. Much like the ever flowing rivers of the world, we take on different names and forms until we are ready to go home - to the place we began - our One Source - the Ocean of Being where life can always begin again with hope, love and life. These are my tone prayers and sound poems offered up in honor and respect of the wisdom of the ocean waters. This music served to heal me and revive me from the devestating hurricane seasons of 2004 and 2005 where we lost our home - so I dedicate them to all who are in need of peace, tranquility and healing in times of struggle, transition and transformation. Breathe, release, listen and let go. Although all pieces are instrumental the listener can follow along the meditative journey of self-discovery through the liner notes: SURFACING Arising from the deep, I find myself floating in oceanic bliss. OPEN WATER As far as the eye can see, There is simply sea... I am free. MOONLIT SEA Moonlight dancing on endless ocean, shimming diamonds in candlelight. I am lost in beauty... FINDING FOREVER I drift in dreamlike silence breathing in this spaciousness from which we come, and to which we return, touching and finding forever. DIVING DEEP I dive deep, over my head... into the endless depths of the sea, exploring the expanses lying below the surface of me. OCEAN Peace moves in waves here... No worries, no fear... only oceanic awareness, being and bliss. ANOTHER WORLD Deep beneath the surface there lies another world... intimate, yet wholly other... I lie suspended in vastness as all I think I know, melts away... TRANSFORMATION Boundaries dissolve, heart beats on... Emptiness dances me anew... Cleansed, renewed, transformed, I am no longer who I used to be. REMEMBER Remembering, I quietly fall into memories of other places, times and journeys... yearning once again...to be... IN SEARCH OF HOME

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takes hold, and I begin again. HORIZON Off in the distance, there are dolphins jumping, birds singing, as

There is an ancient echoing in my heart, voices of ancestors, calling me home... An inward yearning

I sense a new day, a new life and a new world, realizing new life lies on the other side of forever.

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