

The Baby Diaries: Memories, Milestones And Misadventures - Tess Daly

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If there's one thing that puts us all on a level playing field it's becoming a mum for the first time, everything else - work, sleep, sanity - goes out of the window. When I was handed our first daughter, Phoebe, I was terrified. This tiny bundle seemed so small and helpless and it was down to me and Vernon to take care of her every need when between us we couldn't change a nappy. This book is the story of my journey into motherhood. From the shock and excitement of the positive pregnancy test to trying to look 'stylish' when I couldn't even see my feet, the overwhelming emotion of having our beautiful baby and the horror to come of not sleeping properly for over three years. And then deciding to do it all over again! I do hope that by sharing my story you will have a better idea of what to expect, pick up a few tips and gain a little reassurance that even if the journey is rocky at times (as ours was!) we all become brilliant mums...eventually. To get a sneak preview of The Baby Diaries download our free iPhone app - just search iTunes for Tess Daly to find it. Author: Daly, Tess Publisher: Ebury Digital Illustration: N Language: ENG Title: The Baby Diaries: Memories, Milestones and Misadventures Pages: 00000 (Encrypted EPUB) On Sale: 2012-04-24 SKU-13/ISBN: 9780091935160 Category: Biography & Autobiography : General Category: Family & Relationships : Parenting - General

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