

Mp3 John Gruntfest, Jack Duval, Megan Bierman - Body Of Pain



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Further Buddhist Meditations on Our Contemporary Situation 5 MP3 Songs WORLD: World Traditions, JAZZ: Free Jazz Details: "Body of Pain", featuring "Dick Cheney's Blues", is a meditation on our contemporary situation. It begins with a screaming saxophone and drum duet and then proceeds into more meditative and serene feelings. The intensity never lets up. John Gruntfest has played free for over forty years and is a master of the alto saxophone. He has been called a "long distance saxophone player". John played at the Berlin Wall when it came down. He is one of the major innovators of the SF free music scene and has led the Ritual Band and the Free Orchestra. He has played with Eddie Gale, Greg Goodman, Henry Kaiser, Rova, The Appliances and worked in New York in the sixties with The Pageant Players, Bread and Puppet Theatre, The Living Theatre, and the Motherfuckers. His first albums Live at Pangea 1 2 were voted best improvised albums of the year by Cadence Magazine. Jack Duval arrived out of Philadelphia. He studies the music of the Ewe people of Ghana and has worked with John and Megan for three years. He is a carpenter and craftsman with his hands. The music is a healing force for Jack and a way to push limits. Megan Bierman has worked with Judith Dunn and Bill Dixon. She has been a jazz player, singer, and lyricist. She has studied with Jimmy Cheathan, Vivian Fine, Al Cicerone, Joe Henderson, and Kenny Brooks of Ratdog fame. She is influenced by theatre and dance. She teaches children music, movement, and art and is herself a visual artist. The trio has played at many an antiwar demonstration as part of the protest to the Bush-Cheney coup d'etat.

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