Mp3 Kristopher Stone - The Chakras



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Instrumental relaxation music, designed and tested to accompany the healing environment 8 MP3 Songs NEW AGE: Healing, NEW AGE: Meditation Details: The Chakras CD music incorporates Alpha State Tempo Mapping (starting at or below a tempo of 60 bpm and gradually slowing down throughout the piece). Each piece begins with 30 seconds of water sounds and a drone (Ohm Space) music element in the proper Key Note for that Chakra. Each piece is 7:30 minutes in length, allowing for easy Session Timing. Totaling one hour. Inside, there is an information chart about Chakras, including body positions, English-Sanskrit names, definitions, associations, elements, colors, musical keys. Testimonials: "I play The Chakras CD continuously during therapy sessions, which enchances the healing environment for my patients as well as myself" Howard Richmond, MD. Psychotherapist. "The Chakras CD has been played countless times in our massage rooms. It was tested here many times for effectiveness during the "in production" process of creating the CD. Good job, Kristopher." Jerry Lawrence, Vitality Training Center, Solana Beach, CA On the other hand, The Chakras CD is great atmospheric background, mood setting music without the listener paying any attention to which Chakra each piece is based on. Kristopher Stone is a multifaceted creative professional specializing in studio recording, music production, composition, song writing, etc... The Chakras CD musci has been use many times on other CDs as background music for spoken word.

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