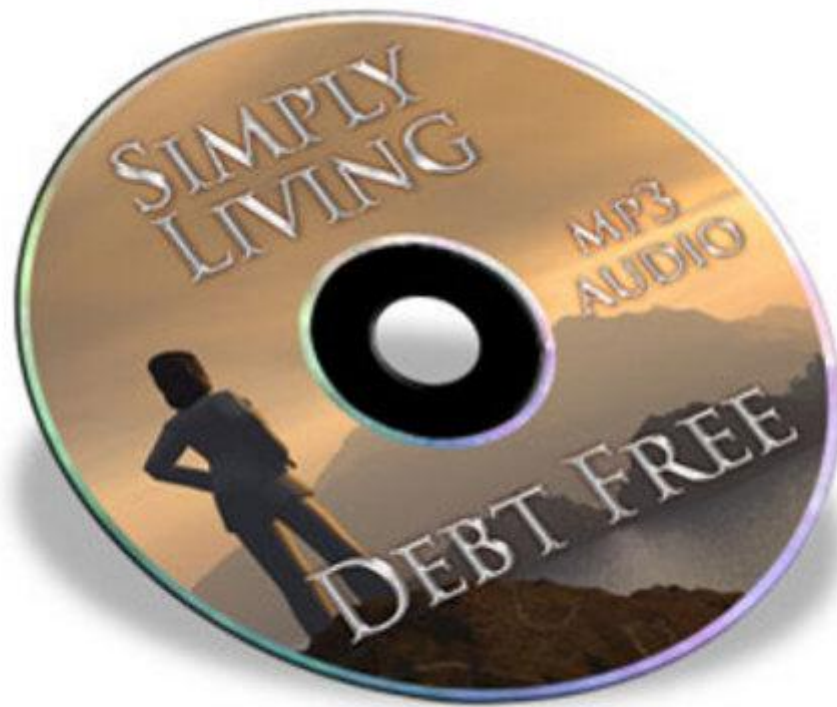


# Simply Living Debt Free Audio Book



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Live Debt Free! Don't just think about it! Take action and take control of your life! It's Simple! You MUST take control of your life and make changes to reach the destination you dream about! When you are in control, you are able to overcome obstacles and identify capabilities deep inside you that until now, you did not know existed! The Simply Living Debt Free audio book is your guide to evaluating your life as it is right now and identifying the changes you need to make in the most important areas. Whether you're struggling financially, emotionally, physically, or spiritually, this must-have manual provides a wealth of specific strategies you can use now to re-route your life's road map and live the life you always dreamed of living! Positive Self-Talk and Reinforcement is Your Strongest Ally When it Comes to Making Changes in Your Life! Simply Living Debt Free is not about things; it's about beliefs and principles. We talk about four major areas of life associated with wealth in this book: 1. Financial wealth 2. Mental (emotional) wealth 3. Physical wealth 4. Spiritual wealth All of these areas of your life are interrelated and interconnected in some way. How wealthy you are in each area is most likely determined by your values and goals. When you approach life with goals that are incongruent with your values, you create confusion

and anxiety for your body, your mind, and your life! Conflicting values and goals can lead to unhappiness, insecurity, stress, depression, and both mental and physical illness. But when you establish goals that are driven by your true values, then you have greater harmony and peace in your life. Read on to discover how you can simplify your life and lead a debt free, simple lifestyle. Did You Know? Consumers have accumulated more than \$2.2 trillion in purchases by using major credit cards in the past year! Credit card debt grew by 315 from 1989 to 2006! Over 80 of college graduates finish school with credit card debt! HOW DID THIS HAPPEN? Debt, like weight gain, often sneaks up on us. The truth is, debt happens one purchase at a time; one decision at a time. Beginning the process of living debt free requires you to identify your values. Keep in mind that values are the things you strive for in life and they should be a beacon of light to you in everything you do. Your values shine before you and light your path to reach your goals! For many people, only a life-changing or catastrophic event can ignite the passion and fire within them. Its unfortunate that so many people travel aimlessly through life because they havent taken time to align their values and their goals. They arent willing to make changes until they are forced to make them because of an occurrence in their lives. Wouldnt you prefer to have control over your own situation rather than wait for debt collectors to knock on your door, or find your job is being eliminated and you have no savings to fall back on, or having a heart attack because youre overweight and unhealthy? If youve lost control over your finances or other areas of your life, you can get it back now. Take charge, NOW! PLEASE NOTE: This product is in mp3 format, however, the download file is in ZIP format.

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