Mp3 The Lucknow Project - Lift Up Your Heart



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This album is a unique expression of the love, the happiness and the gratefulness that revealed spontaneously by the presence of H.W.L Poonjaji, an embodiment of Freedom, Truth Happiness, Peace and unconditional Love. 11 MP3 Songs in this album (71:17)! Related styles: NEW AGE: Spiritual, WORLD: World Fusion People who are interested in Beck Santana should consider this download. Details: "Perfect awakening is possible here and now for every human being, regardless of background, practice or personal circumstances. You are already free! Anything gained afresh will be lost, What is eternal is always within you, as your hopes and desires are reflected. It is hopes and desires which conceal the ever-pure consciousness. The self will reveal itself to itself in the twinkling of an eye once you abandon all hope and desire, the old-age disease of the mind. Keep quiet. Don't allow a single thought to stir. be effortless and in an instant you will discover that you have always been free. Om Tat Sat" -Papaji-Inspired by and lovingly dedicated to Sri H.W.L Poonja, Papaji Music production and arrangements: Sheer Om Production manager in India: Sangeeta Recordings in India: Sheer Om at Om Lev Music studio, Lucknow Recordings in Israel, mix and mastering: Yaacov Moreno at Moreno Music studio Cover design: Anna Obbink Papaji Photos by various devotees Executive producer: Bharat Mitra (Yoav Lev) A Bharat Mitra and Bhavani production (c)(p)2004 Om Lev Music musicians: Sheer Om: acoustic guitar, accordion, synths, vocals Smulik Budhagov: electric guitars Alon Nadel:bass, fretless, acoustic bass Mich Michaeli: bass Nitzan Chen Raz El: violin Gadi Seri: percussion and drums Vikas Mishra: tabla Dillip Kumar Sharma: bansuri flute Siddhnat Mishra: santur Lauren Hoffman, Sangeeta, Harmeet, Kranti, Uma, Bharat Mitra, Vedant, Kamdeva, Natasha Oesterkorn, Tal Badani, Sheer om, Ashutosh Mherotra: vocals

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