

# Mp3 Devya Presents: The Power Of The Gong - New Age: New Age



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As astounding as it may seem, sound can heal you. This is a CD presenting the power of the gong to soothe you from the cellular level and upwards. 5 MP3 Songs NEW AGE: New Age, NEW AGE: Meditation Details: About GongMaster Devya Devya's CD: Devya Presents: The Power of The Gong was featured in O, The Oprah Magazine, (October 2002) in an article entitled "Things That make You Go Ahhh! In this article, music therapist Barry Bernstein of Healthy Sounds states: "The Gong is the only instrument that the mind has no defense against. Allow it to massage you on a molecular level. Well, maybe it won't shiatsu your molecules- but its vibrations could, like drumming, produce an increase in alpha and theta brain waves which occur in a meditative state. If you can't get to a live GongMaster, try Devya's CD". Her meditation and Gong programs have also been featured on national radio and TV shows such as Oxygen; in Essence, Heart and Soul and Yoga Voices magazines and books including Body Soul by Linda Villarosa and Like a Natural Woman by Ziba Kashef. Gong music speaks to the body in vibrational language, helping to bring it into physical alignment while rejuvenating its cells. You can feel an influx of energy coming from it into your body. Sound waves can produce a profound state of rest where bodies let go of muscular tension, breathing slows and heart rates calm. The Gong covers the full spectrum of sound; thus, it vibrates all the cells, muscles, bones, and organs, (some more than others), depending upon the pitch of the Gong. You need only relax, and let the entire body become an ear. The Gong's 'rolling waves' of sound washing over you does the rest. The Power of the Gong CD provides meditation, stress management and relaxation without the need for special equipment, sweat, or strain. The only requirement is simply listening to the Gong's powerful energy vibration. This altered state of relaxation will open mental avenues to greater creativity fostering problem solving, reduction in negative

thoughts and the release of painful memories and emotions. Long-term effects include a sense of relief, improved confidence in self, individual healing, increase in energy and a positive state of mind. Gong music can repair the damage of high stress living, while soothing and restoring your spirit. Listen regularly to enhance your personal power, energy, problem solving and creativity. Insomniacs harried parents, business travelers. College students, pregnant women, and restless children have all found comfort with the vibrational music of the Gong. GongMaster Devya resides in New York City where she presents her live Gong programs to corporations and The Wellness Center of The Riverside Church. She also travels throughout the United States with her Gong offering programs that guide clients, large and small to greater peace and a deeper connection with self. Devya has taught meditation and stress management since 1987. She brought the Gong into her work four years later and watched in amazement as her clients reported instant healing, deeper meditation experiences and the clearing of painful emotions. Advanced clients began experiencing greater mental clarity, creativity and the alleviation of persistent problems. Devya recorded the Gong CD in response to clients' request for 'all night gonging sessions'. Here's what those Gong listeners are saying... Gong CD Listeners Speak.... Devya, thank you for producing such a fine recording. I use it every evening to de-stress from my day. Best of all, when I wake up in the morning I no longer have 'sheet chaos'. I just smooth over where I was laying, pull up the covers and the bed is made. I sent one to my sister in Colorado and she loves it. She was familiar with the gong from her cardiac rehabilitation program that used it as part of the treatment. Andrew P. Executive Devya I just love this CD. I play it daily at work and it keeps me calm. I especially enjoy the transitions you make between the 3 twenty minute segments. Clearly a lot of thought went into producing this work. The sound quality is excellent; the singing bowls are exciting when they come in along with you. Great recording! It gives me endless enjoyment. David M. Toll Collector/ Travel Agent Every time I listen I hear something different. This CD continually enchants me. It is deepening my meditation and allowing me to pursue my creative work (fabric artist) with renewed zeal. Gabriel B., Administrator HIP Devya, as you requested, an update on my surgery. When I've been waking up in the middle of the night in pain, I've been listening to the Gong CD. It's helped me to de-focus on the pain and go back to sleep without taking painkillers. Laura K., Union Organizer My acupuncturist normally plays music while I'm having my treatment. When I received my CD, I took it with me and asked her to put it on instead of the music. What a difference! After the treatment, I felt light, I was able to walk faster, and I felt as though I had lost weight. Karen S., Stained

Glass Artist It's amazing! The same energy you feel in the room at a live gong session is present on the CD. How did you do that? Miguel S., Systems Analyst I play the Gong CD all day at a low level while I compose my artwork on the computer. It's great. I find that I can work effortlessly with no fatigue. There's an endless stream of creative ideas flowing quickly and easily. What a blessing. Evan L., Graphic Artist Thank you for your beautiful Gong CD. It touched and moved me to a place that normally I would reach after some time at breathing practices and sitting in meditation. The music that emanated from you through the Gong is spiritually sure. I find the purity, love and depth expansive. Thank you, thank you so much for choosing this time, this place, and these people to share your gifted, beautiful spirit. Jana C., Yoga Instructor Every time I listen I hear something different. This CD continually enchants me. It is deepening my meditation and allowing me to pursue my creative work (fabric artist) with renewed zeal. Gabriel B., Administrator HIP I play the Gong CD all day at a low level while I compose my artwork on the computer. It's great. I find that I can work effortlessly with no fatigue. There's an endless stream of creative ideas flowing quickly and easily. What a blessing. Evan L., Graphic Artist Thank you for your beautiful Gong CD. It touched and moved me to a place that normally I would reach after some time at breathing practices and sitting in meditation. The music that emanated from you through the Gong is spiritually sure. I find the purity, love and depth expansive. Thank you, thank you so much for choosing this time, this place, and these people to share your gifted, beautiful spirit. Jana C., Yoga Instructor The Gong CD has both a calming and an invigorating effect. I use it to go to sleep and to wake up. Gerry F. Engineer

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