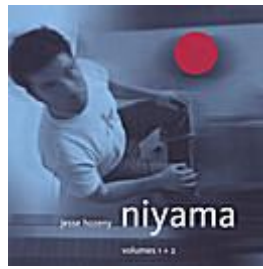


## Mp3 Jesse Hozeny - Niyama Volume One & Two



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Blending elements of hip-hop, ambient, downtempo, house music, and african rhythms, this two disc set is designed as a soundtrack to support a vigorous 100+ minute yoga/pilates/healing arts practice. 13 MP3 Songs NEW AGE: New Age, ELECTRONIC: Down Tempo Details: \*\*\*This CD is a 2-CD set, over 110 minutes of music!\*\*\* Jesse Hozeny is a drummer, music producer, and yoga practitioner living in Chicago. He has developed a singular and exciting form of live music to accompany yoga practice. After being invited to play drums for a weekly yoga class, Jesse began integrating instruments from other music projects--a laptop, a sound system, a synthesizer, and a lot more drums. Before long he had his own corner of the yoga studio and the music started moving in unexpected directions. He started playing for other yoga studios and teachers around Chicago. Soon, students and teachers alike began asking him to develop a CD of the music for their self-practice and teaching. This 2-CD set, Niyama, Volume One and Two, is the fruition of their request. Jesse's music blends elements of African and Indian rhythms, live drums, breakbeat, and house music, creating an evocative atmosphere that is both responsive and supportive to the practice of yoga. The double CD format provides more than 110 minutes of music and the tracks follow the flow of a vigorous yoga practice and savasana. Yoga Chicago magazine raves: "Escaping traditional Eastern musings, Jesse Hozeny [is a] young Chicago talent producing music for yoga and spiritual endeavors. He steers away from mystical temperament and new-age construct. His is an invigorating approach to both sound and practice. Jesse Hozeny has become a prominent sight in Chicago's yoga scene. Adding modern, trance-like beats that build in intensity, Jesse brings an intuitive knowledge to live music in yoga classes around the city and suburbs. Musically, this brings an aural lift to practitioners, creating a sense of joy and boundlessness. Jesse's first release, Niyama Volumes One and Two is a fine double CD, standing tall on its own merit." Jesse continues to play weekly at several studios

and frequently provides music for workshops and special events around Chicago.

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