

Mp3 Stan Munslow - Onstage And In-control: Ten Easy Ways To Clobber Stage Fright



[DOWNLOAD HERE](#)

(Instructional) For all musicians, vocalists, and performers: One-hour "learn affirm" program will give you the confidence you need to stay loose and perform your absolute best in front of any audience. 12 MP3 Songs SPOKEN WORD: Instructional, SPOKEN WORD: Audiobook Details: Yes, you can beat stage fright (the #1 fear in America). If your success depends on your ability to speak or perform with poise, confidence, and to the absolute best of your ability, this remarkable one-hour CD will change your life. The ten shudder-busting strategies you'll discover are easy, effective, and fun. They will help transform your onstage experience from a frozen-fingered ordeal to a cool-headed delight! About the author: Stan Munslow is a musician, writer, and instructor with over 25 years' experience both onstage and backstage. He holds a BM from Berklee College of Music and has been leading musicians, professional and amateur alike, onto the stage since 1981. He lives in Rhode Island with his wife and three daughters.

[DOWNLOAD HERE](#)

Similar manuals: