

Your Healthy Plate: Vegetables - Katie Marsico

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This new book from Cherry Lake Publishing, highlights vegetables, one of the food groups contained in the new dietary guidelines for Americans launched in January 2011 by the FDA. This leveled reader helps the young child understand the importance of vegetables as a part of a balanced diet. Author: Marsico, Katie Publisher: Cherry Lake Publishing Illustration: Y Language: ENG Title: Your Healthy Plate: Vegetables Pages: 00024 (Encrypted PDF) On Sale: 2012-01-01 SKU-13/ISBN: 9781610803472 Age: 04-08 Reading Level: PS-03 Lib Category: Vegetables Lib Category: Vegetables in human nutrition Category: Juvenile Nonfiction : Health & Daily Living - Diet & Nutriti

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