

## Mp3 Paradiso - Middle Path



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Paradiso on didjeridoo with exotic instruments such as didjeridoo, drums, bells, tibetan bowls, vocals, and electronic instruments, keyboards and theremin unifying together. Its an melodic, hypnotic, and rhythmic musical ride. 11 MP3 Songs NEW AGE: Spiritual, ELECTRONIC: Ambient Details: Paradiso (Paradiso Turturici) lives and performs in the San Francisco Bay Area, of which he is a native. A producer, composer and musician, Paradiso formed his own music publishing company "5th Element Vibes Music" over a decade ago, and functions under his record label "5th Element Music." A self-taught musician, Paradiso plays various instruments, primarily didjeridoo, Theremin, keyboards and percussion, all of which are included on his 2008 album release, MIDDLE PATH. Paradisos gift with the didjeridoo was passed through to him by various elders and mentors. His music has been described as an anomalous mix of organic and inorganic instruments that when balanced create a therapeutic listening environment. (RJ Lannan, New Age Reporter, 2006). Accordingly, Paradisos parallel pursuit of a spiritual path has led to his current work as a sound therapist, massage therapist and holistic health practitioner. Through many one-on-one sessions with clients he has developed a unique musical healing method. In a safe, relaxing environment, Paradiso plays the patient's body with musical vibration using the instrument for which he is best known, the Didjeridoo, an indigenous instrument from Australia. Paradiso owns a large variety of didjeridoos, each producing a different sound. He plays intuitively, and, as he puts it, "Spirit plays through me!" He adds, "I believe music can heal the mind, body and spirit and liberate us. My vision is to inspire all of us to rediscover our oneness with each other, with our environment, and with all of creation through music." The intense vibration of the didjeridoo carries a sound current that has reportedly helped people to heal themselves on various levels. Some recipients of the healing session claim the entrancing music has the capacity to shift them towards their life purpose, their passion, and that it can balance the body

and release negative blockages. Paradiso conducts individual private healing sessions, group sessions, and didjeridoo lessons in the Bay Area, elsewhere via appointment and select concert performances. While it is impossible to fully replicate the effect of a live didjeridoo performance, Paradiso offers the next best thing with a variety of digital recordings. His seventh album **MIDDLE PATH** hit the market in March 2008. It features Paradiso on Didjeridoo with exotic instruments such as drums, bells, Tibetan bowls, vocals, keyboards, percussion and electronic instruments in unity. **MIDDLE PATH** is a melodic, hypnotic, and rhythmic musical ride, a therapeutic album that works with the mind, body and spirit. I believe we all have different paths to help humanity to move to its next transition, says Paradiso. So, my path is to merge the didjeridoo with many types of music, and to inspire people to rediscover our oneness with each other, with our environment, and with all of creation through music. People who are interested in should consider this download.

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