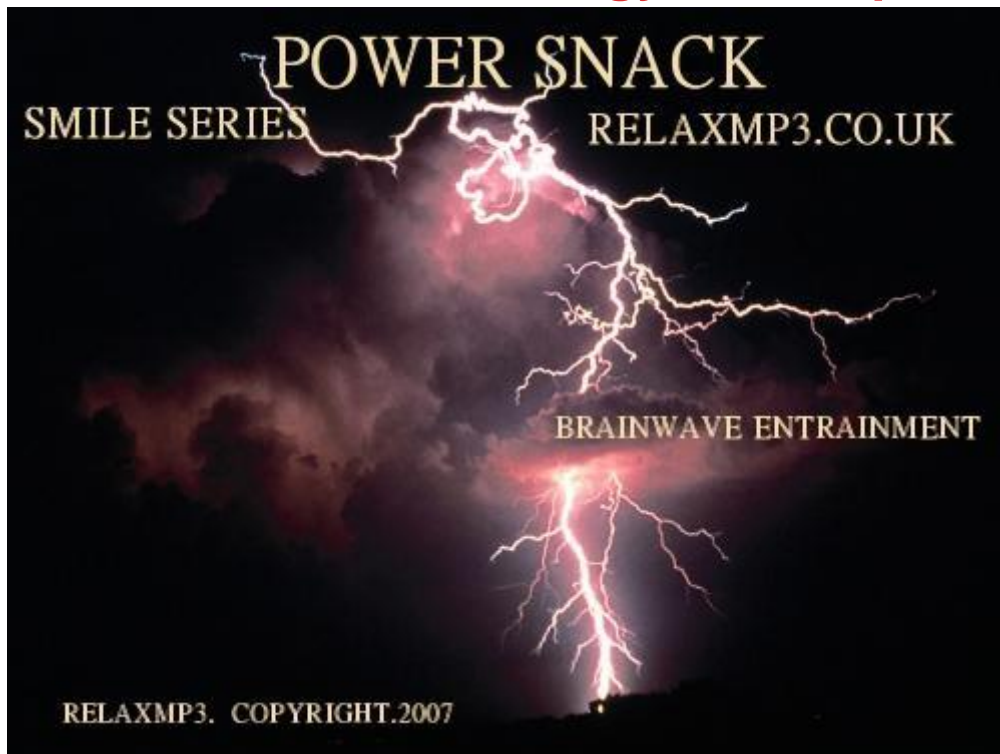


Power Snack 10 Mins Energy Relaxmp3.co.uk



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JOIN LIBRARY IN GROUPS LINK ABOVE FOR UNLIMITED FREE ACCESS TO HEALINGWAVES SERIES ONGOING SESSIONS ALL LIBRARY TITLES- PROMOTIONAL PRICE OF 2 PER WEEK!! POWERSNACK-TO ENERGISE WHEN SUFFERING FROM FATIGUE ETC. ENVIRONMENTALLY FRIENDLY MP3 SOUNDS - NO MORE CD POLLUTION! Description: CREATED TO OFFER A QUICK ENERGIZER FOR THE MIND WHEN YOU ARE PUSHED FOR TIME - 10 MIN. 20 MINUTE VERSION AVAILABLE IN LIBRARY TO FIND OUT MORE ABOUT NATURE SOUNDS, BRAINWAVE ENTRAINMENT AND BINAURAL BEATS VISIT RELAXMP3.CO.UK SORRY BUT NECESSARY INFORMATION YOU MUST READ & AGREE TO BEFORE USE USE OF THE PRODUCTS CONFIRMS YOU HAVE READ AND AGREE TO THE FOLLOWING: WARNINGS: Do not listen whilst driving, operating heavy or dangerous machinery. Do not listen if you suffer from epilepsy, fits or seizures, are photosensitive, pregnant, under the influence of drugs or alcohol. If at all unsure contact a qualified doctor before use. RELAXMP relinquishes all liabilities regarding the use and downloading of these digital products. Use at your own risk. During the sessions: Use earphones - the correct effects can only be gained in this way Keep your eyes closed - this eliminates around 80 of outside distractions and naturally

stimulates theta waves. Have a glass of water handy or drink before listening - can make you thirsty Get comfortable and warm, fidgeting will interfere with entrainment and brainwave frequencies Relax, let yourself go with the beats! NO MORE CD'S! Compact Discs are made from a 1.2 mm thick disc of polycarbonate plastic, then coated with a thin layer of Super Purity Aluminum. It has been reported that Polycarbonate (PC) used for products like CDs and refillable milk bottles, is usually made with the highly toxic phosgene -derived from chlorine gas. PC does not need additives but does need solvents for its production, such as methylene chloride, a carcinogen. Other solvents used may include chloroform, 1,2-dichloroethylene, tetrachloroethane and chlorobenzene. According to GREENPEACE polycarbonate plastic is the second most hazardous plastic to make on the planet!

archive.greenpeace.org/toxics/pvcdatabase/bad.html And that's not to mention the chemicals and plastic often used for CD cases and packaging, and fuel emissions from shipping and postage! It is estimated in America that 30 million CD's are tossed into the rubbish every month - each CD takes 450 YEARS TO BREAK DOWN!!! Billions of CD's are constantly manufactured worldwide every year as the demand for music continues and the population grows. The need to use a more environmentally friendly way of listening to our music is now vital. MP3's, Ipods and our computers are the least destructive of the moment and should be used! Listen on through headphones for brainwave tracks Environmentally Friendly Digital Product - Download immediately after purchase! All Rights Reserved

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