

Self Improvement Guide



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10 Inspirational quotes than can improve yourself Life With Woody 10 inspirational quotes than can improve yourself It might take a little coffee or probably a few rounds of beer or any other booze you could get your hands on when it comes to relaxing after a hard days work. Well, yeah Im guilty about that one as well, unless Im caught dead wearing a lampshade over my head after a few rounds of vodka half-naked! Okay, bad example and I apologize to everyone reading this after getting nightmares about

me in that state of drunken stupor. Just dont ask how it happened, please. But whats really interesting is that how do people go through the usual part of life when faced with vein-popping stress? I mean, the new age thing like Zen or yoga is one of the good things and it actually works. Is there room for the intellectual side of people who can actually smell the roses-in-a-can while on the move? It kind of had me thinking that there really must be something in this mind-over-matter thing. Humor is indeed the best medicine there is whenever you are. I mean anyone can pay good money to listen to a comedian just to make you wet your pants after laughing so hard. Despite of whats been happening, and to those who has gone though the ordeal, its better to just laugh while facing the troubles with a clear mind than anger with a clouded vision. One of my favorite celebrities of all time may have to be Woody Allen. Download now to continue reading...

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