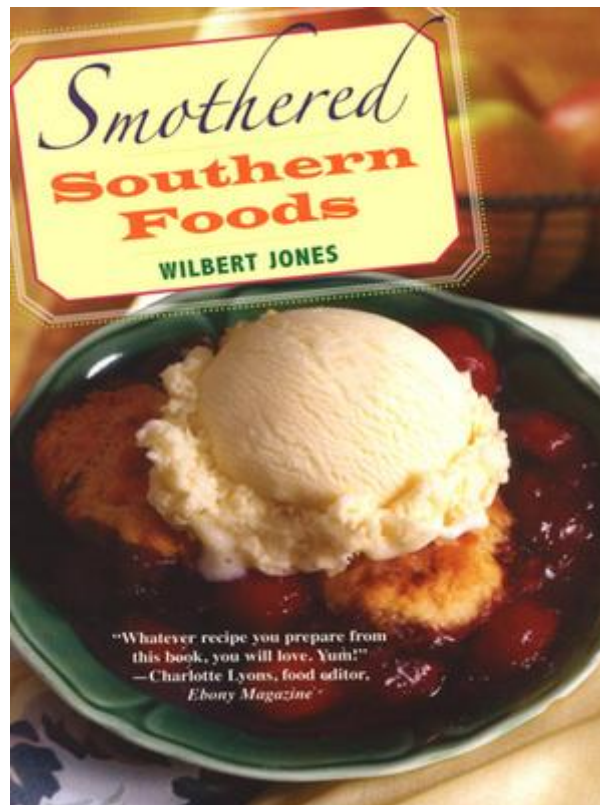


Smothered Southern Foods - Wilbert Jones



[DOWNLOAD HERE](#)

"Jones continues to be the master at creating dishes to excite your taste buds. Delicious!" --Donna Hodge, food editor, N'DIGO magapaper Crawfish 'n' Ouf, Chicken Fried Steak, Creamed Spinach, Mixed Berry Cobbler. . .Is your mouth watering yet? These decadent, flavor-rich dishes are part of the long Southern tradition of "smothered" foods. Rooted in the author's upbringing and peppered throughout with personal anecdotes, Smothered Southern Foods explains the simple art of "smothering" as nothing more complicated than covering one food with another food or sauce, while baking or braising the dish in a covered skillet or pot. Vegetables, meats, and even desserts can be smothered, and the results are any food lover's delight. With tips on buying and storing vegetables, easy-to-follow directions and serving suggestions, and recipes for 105 mouthwatering favorites, Smothered Southern Foods is a delicious way to bring the true taste of the South into your own home, the way Southern chefs have cooked for generations. "Foods that bring us comfort and are just darn good!" --Art Smith, bestselling author of Back to the Table Includes scrumptious recipes for these smothered classics: Creamed Onions Buttered Kale Fricassee of Clams Sole in White Wine Sauce Chicken and Rice Pepper Steak Bourbon

Pumpkin Pie Rum-Raisin Pears . . . And many more! "Finger-licking meals for a new generation of soul food lovers." --Retha Hill, vice president of Content, BET Wilbert Jones is the president of Healthy Concepts, Inc., a Chicago-based food and beverage product development company, founded in 1993. He attended the École de Gastronomie Française Ritz-Escoffier in Paris, and was a food scientist at Kraft Foods. In 2002 he was inducted into the prestigious Les Amis d'Escoffier Society of Chicago. Jones is also a contributing editor for Prepared Foods Magazine and a freelance special features writer for Black Entertainment Television's website. Wilbert's inspiration for cooking came from his grandmother Ruth Randle, who was one of the best cooks in Mississippi. Smothered Southern Foods is filled with special recipes and stories about Jones' childhood and recent meals prepared for his family and friends. Author: Jones, Wilbert Publisher: Citadel Illustration: N Language: ENG Title: Smothered Southern Foods Pages: 00192 (Encrypted EPUB) / 00192 (Encrypted PDF) On Sale: 2007-05-01 SKU-13/ISBN: 9780806527468 Category: Cooking : Regional & Ethnic - General

[DOWNLOAD HERE](#)

Similar manuals:

[Chinese Soup With Coriander And Chopsticks Asian Cooking](#)

[Calamari Cooking In A Copper Cauldron, Sea Food, Cooking, Nationaltypically, Speciality](#)

[Calamari Cooking In A Copper Cauldron, Sea Food, Cooking, Nationaltypically, Speciality](#)

[Calamari Cooking In A Copper Cauldron, Sea Food, Cooking, Nationaltypically, Speciality](#)

[Sales Stand For Oranges, Honey And Other Regional Products, Altea, Costa Blanca, Spain, Speciality, Food, Nationaltypically](#)

[Little One Year Old Boy Cooking](#)

[Little One Year Old Boy Cooking](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Opening The Pit Oven At A Curanto, Cooking In A Pit Oven, Vegetables And Meat Cooking Over Hot Stones](#)

[Opening The Pit Oven At A Curanto, Cooking In A Pit Oven, Vegetables And Meat Cooking Over Hot Stones](#)

[Potatoe Dumplings In A Cooking Pot](#)

[Potatoe Dumplings In A Cooking Pot](#)

[Hot Sauces For Cajun Cooking In Louisiana](#)

[Cooking At Waterfall Valley Hut On Overland Track In Cradle Mountain Nationalpark Tasmania Australia](#)

[BRD Germany Bavaria Upper Bavaria Capitol Of Bavaria Odeons Square Hall Of Generals With Lion And The Theatiner Church Towers Of Theatiner Church](#)

[Building Of Regional Government In Victorian Style City Of Brugge Belgium](#)

[Munich, DEU, 20. May 2005 - Donnersberger Bridge In Munich, On Right Hand Side Is The General Customs Office Visible.](#)

[Woman Cooking In Front Of The Tent Patagonia Chile](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Gate From General Staff Building To The Big Square With Alexander Column Built In 1834 By Architect Auguste Montferrand N](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Gate From General Staff Building To The Big Square With Alexander Column Built In 1834 By Architect Auguste Montferrand N](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Gate From General Staff Building To The Big Square With Alexander Column Built In 1834 By Architect Auguste Montferrand N](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate General Staff Building To The Big Square](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate Of The General Staff Building To The Big Square With Alexander Column Built In 1834 Near Eremit](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate Of The General Staff Building To The Big Square With Alexander Column Built In 1834 Near Eremit](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On](#)

[The Gate Of The General Staff Building To The Big Square With Alexander Columnne Built In 1834 Near Eremit](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate Of The General Staff Building To The Big Square With Alexander Columnne Built In 1834 Near Eremit](#)

[GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate Of The General Staff Building To The Big Square](#)

[GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate Of The General Staff Building To The Big Square](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Gate From General Staff Building To The Big Square With Alexander Columnne Built In 1834 By Architect Auguste Montferrand N](#)

[GUS Russia St. Petersburg 300 Years Old Venice Of The North Gate From General Staff Building To The Big Square With Alexander Columnne Built In 1834 By Architect Auguste Montferrand Near Eremitage](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Big Square With Alexander Columnne Built In 1834 By Architect Auguste Montferrand And The Building Of General Staff And The](#)

[White Nights, GUS Russia St Petersburg 300 Years Old Venice Of The North At The Royal Field Memorial For Generalism Alexander Suworow](#)

[Man Cooking At Camping, Damaraland, Hoanib River, Namibia](#)

[Spoon With Cooking Oil](#)

[Tea Cooking On A Fire Place, Libya](#)

[Dinner And Tea Cooking On A Fire Place In The Sand, Libya](#)

[Dinner And Tea Cooking On A Fire Place In The Sand, Libya](#)

[Knife And Cooking Utensils At The Annual Fair Auerdult In Munich Germany](#)

[Older Woman Cooking](#)

[Privat Jet Behind A Security Fence At General Aviation Area At Munich Airport Bavaria Germany](#)

[Man Is Cooking](#)

[Man Is Cooking](#)

[Eggs Inside The Cooking Pot](#)

[Cooking Eggs](#)

[Cooking Eggs](#)