

# Mp3 Mitch Heider - Inspirations For Change



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Inspirations for change is a wonderful collection of spoken word music designed to inspire growth and change in individuals, and provides an entertaining alternative to self-help books or books on tape. 11 MP3 Songs NEW AGE: Adult Alternative, NEW AGE: Self-Help Show all album songs: Inspirations For Change Songs Details: Inspirations for Change is a wonderful collection of self help music designed to inspire growth in individuals. In creating this inspirational music, I wanted a tool for growth that was more exciting than a traditional self help book. Something that could be listened to while driving, while exercising, or while cleaning!! All of the songs are delivered in spoken word, and all but one have a chorus that becomes the affirmation to the message of the song. Phrases like I will face my fears, I will live in peace, and live for today will remain with you long after you listen to the song, and hopefully, because you like the music, you will listen to it numerous times!!! And trust me, if you listen to the songs numerous times, you will begin to change with the help of this music! When you find yourself wanting to make a positive change in your life, listen to Inspirations For Change. I've created all of the music with a feeling of movement. The feeling of movement was created to promote change, as in change of attitude! Or change of life direction! And it works. I don't claim to have a scientific formula. It just works. The music comes from my soul, and because of my gift in creating it, the music simply comes from within. I hope this self help music will help you as much as it helps me. If you want to make positive changes in your life, I encourage you to purchase Inspirations For Change! I hope it inspires you to live life to the fullest, and if there are parts of you that you want to change, I hope this will be the self help tool you're looking for!

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