

## Mp3 Russell Blaylock, Md - The Truth About Aspartame



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An informative CD on the history and dangers of a common food additive called, Aspartame. Includes important information on how to treat health-related side effects caused by aspartame. 5 MP3 Songs  
SPOKEN WORD: Instructional, SPOKEN WORD: With Music Details: The artificial sweetener, Aspartame is used in over six thousand food and beverage products worldwide, ranging from diet soft drinks to chewable vitamins. Furthermore, since its inception in the early 1980s, this sweetener has quickly become one of the most controversial food additives to date. In this discussion, neurosurgeon and author, Dr. Russell Blaylock provides a wealth of information concerning the intimate connection between the use of aspartame and a number of common medical disorders that currently plague the health of our society (including multiple sclerosis, brain and other types of tumors, confusion, visual problems and weight gain) and informs us of just how such a dangerous product was ever approved for human use by the FDA. But more importantly, Dr. Blaylock outlines for us practical ways in which we can treat this resulting damage.

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