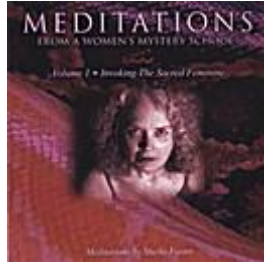


# Mp3 Sheila Foster - Meditations From A Women's Mystery School - Volume 1 - Invoking The Sacred Feminine



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Join the women from the School for Women Healers in an invocation and investigation of the five primary feminine archetypes (universal patterns of experience). 8 MP3 Songs SPOKEN WORD: Instructional, NEW AGE: Meditation Details: Please join the women from the School for Women Healers in an invocation and investigation of the five primary feminine archetypes (universal patterns of experience) within you: the Mother, the Amazon, the Lover, the Medial (mystic), and the Queen. These energies are in all women; how they appear and are expressed is unique to each of us. Where they are unknown, unwanted, or unloved, they are in shadow, and there is immense opportunity for healing, growth and creativity when these are explored. The CD features meditations spoken by Sheila Foster, Founder of the School for Women Healers, in tracks 2-8. Track 1 is a prayer spoken by Kirsten D'Andrea Hollander. Teresa Whitaker created the vocals. "By accessing these archetypes regularly, their resources will become more available to you, and you will feel more empowered, more your True Self. Know that you can call on the ones you need when you need their particular empowerments in your life for specific situations." -Sheila Foster Dangerous Old Women Productions was formed by its two co-directors, Sheila Foster, M.A., and Kirsten D'Andrea Hollander, M.F.A., in March of 1998. Both women are visual artists and both have undergone major kundalini initiations. "The gorgeous images on the covers of Meditations, including the snakes, are stills from cinematography done by Kirsten for our film about women's spiritual initiation, Eve's Fire." -Sheila Foster

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