

Mp3 Barry Goldstein - Ambiology 1: The Heart



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Ambient tones and soothing textures that take the listener into a deep state of relaxation. 1 MP3 Songs in this album (60:00) ! Related styles: NEW AGE: Meditation, NEW AGE: Relaxation People who are interested in Enya Yanni Pink Floyd should consider this download. Details: The Heart Ambient tones and soothing textures that take the listener into a deep state of relaxation Ambiology 1: The Heart - This CD takes the listener into a deep state of relaxation using its lush, long tones and ambient textures. The first in the 3-CD series Ambiology, it creates the perfect groundwork for the listener. Composed at a tempo consistent with your heart at a relaxed state, the "Heart" naturally brings the listener's breathing back to a it's natural rhythm! The one-hour composition brings the listener to an environment where releasing stress and achieving meditative states are easily achieved. Composed by Grammy award-winning Producer Barry Goldstein whose works have graced major films, television and received rave reviews in papers such as Billboard and The Daily news. The mission of this series is to create an environment where the listener can achieve total relaxationto assist in the healing process. Recommended for all health care professionals, energy and Reiki workers, holistic healing practitioners and for enjoyable listening!! The heart creates a feeling of safety and comfort, the perfect bed for relieving anxiety and emotional challenges!!! "The center of who we are lives within us, in our heart. Let go with each breath you take and let the deep tones permeate your heart. Feel a sense of calm engulf you as a relaxed state becomes your new rhythm!!

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