

Mp3 Fanchon Shur - Meditations For Expectant Mothers And The Life Within



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Have a peaceful pregnancy and a fearless childbirth. 3 MP3 Songs in this album (42:16) ! Related styles: NEW AGE: Meditation, SPOKEN WORD: With Music Details: Meditations for Expectant Mothers and the Life Within is an empowering exploration of the power our bodies have to create new life and bring that life forth into the world. Affirming by visualizing the miracle of emerging life with soothing and empowering music, this CD prepares the expectant mother for the journey she and her baby will make from conception through the transition that is birth. With ease, love, peace and serenity, the power of nature moves us through this process. All honor to the laboring mother. Written and read by Fanchon Shur, a mother of four children, dancer, body worker, energetic healer, movement therapist, and developmental movement specialist. Fanchon uses her experience and understanding of the mind-body connection to guide expectant mothers on the pathway to childbirth. Music composed by Bonia Shur, a father of four and an internationally renowned composer of Liturgical music.

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