

## Mp3 Rosalind Richards - Goldwind



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Great with yoga, relaxation or just everyday use. Very soothing. 10 MP3 Songs in this album (51:27) !

Related styles: NEW AGE: Yoga, NEW AGE: Relaxation Details: Goldwind Music: New Age Music for Yoga, Relaxation or everyday Listening. Newly released CD available now. The newly released Goldwind CD is music to harmonize with the rhythm of a yoga class. You will hear relaxing sections to support the flow of a yoga class as well as energetic rhythms with world music instruments that support the more energetic sections of a yoga class. Rosalind is trained both as a classical flutist and composer including a Masters in Music History and Flute Performance. She performs regularly, both jazz and classical music and her original compositions. Heres is what people are saying about Goldwind: "This album transports...Goldwind is one of the best albums I own. It uplifts my mood no matter what I am doing--writing, housecleaning, reading, or exercise. I have experimented with this album, which is an embracing combination of worldbeat, electronic fusion, stirring jazz, melodious flute: when I feel low, this album always transports, relaxes and energizes. The music is a seamless mix of Gregorian-like chants, Indian raga, Irish flute, jazzy cello, African drumming and so much more. This album can travel with you in your car, accompany you in your yoga class, sooth you at the end of a busy day, or serve as background music in your office. Rosalind Richards' next album can't get here fast enough for me!"

Patricia A. Great with yoga, relaxation or just everyday use...very soothing. R. Moss Excellent CD for energetic yoga, vinyasa class. The first and final tracks are mellow and great for warm-up and cool down meditation periods. The other tracks are a fusion of different world music and rhythms. It flows beautifully, without distracting loud chanting or singing. R. M. I loved all of the CD by Rosalind Richards. The music is smooth and lively at the same time. It supports the flow of a yoga class allowing you to really focus on your practice. This is a wonderful collection of songs. Betty B.

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