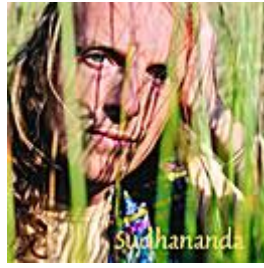


## Mp3 Sudhananda - Folk: Folk-rock



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If you like classic singer songwriters such as James Taylor, Jackson Brown Joni Mitchell you'll appreciate this CD of original songs with possitive inspiring lyrics about spirit, love, truth, consciousness respect for the earth all who share her. 12 MP3 Songs FOLK: Folk-Rock, NEW AGE: Spiritual Details: "there's a common ground where we can stand there's no borders between you and me there's a common tongue that we can sing songs of joy and harmony in the temple of your heart is where this holy land is found i'll meet you there upon our common ground" (excerpt from Common Ground)

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BIO I

grew up in Maine and Michigan living close with nature in a family of artists. I received a lot of creative stimulation and support. At 8 years of age I took up guitar and knew that music was my dharma. Through my teens I studied classical guitar intensely and soon became very accomplished. At the same time I also pursued my love for other kinds of music, playing folk, rock, pop and jazz as well as song writing. After high school I continued my studies at the San Francisco Conservatory of Music and the North Carolina School of The Arts where I graduated with a BM degree. By the time I got out of music school I no longer wanted to pursue a career as a concert classical guitarist. Changing directions, I concentrated on writing my own music which was closer to my heart, allowing the freedom to cross musical borders and integrate diverse musical styles. At this time a strong inner search took hold in my life. My spiritual quest and yearnings led me to become a disciple of the Indian mystic, Osho (Rajneesh). My love of meditation, music, nature, natural healing and health have been the consistent passions throughout this life. For 10 years I lived and traveled mainly in California, Oregon, Hawaii and India living around Osho communes and communities as well as devoting myself to recording performing. In the 1980's 90's I had 4 recordings of my instrumental guitar based music released by various record labels under the names

Paul Greaver and Antar. In the 90's I spent 8 years living in Marin county. During this time I got more into recording, engineering producing for my own projects as well as others. In 1998 I released a self titled CD of my songs that reflect on themes of spiritual, ecological, and social consciousness. In 1999 I moved to the woods of Northern California in Humboldt county where I've been running a recording studio where I've been engineering, producing mastering recordings, mostly for a childrens music label called Music For Little People. In 2007 I released a new CD of my own, Garden Of Mystic Lovers, that contains original songs with words that are adapted from the mystic poetry of Rumi. in 2008 I've just finished a new solo acoustic guitar recording called "Seasons" that will be available soon. "let the beauty we love be what we do there are hundreds of ways to kneel and kiss the earth" - Rumi People who are interested in James Taylor Bruce Cockburn Jackson Browne should consider this download.

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