## Mp3 Dan Keenan - Legends Free



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Haunting, hopeful and soulful folk songs, calming those under stress, and lifting those feeling down. 10 MP3 Songs FOLK: Folk Pop, FOLK: Modern Folk Details: WHO IS DAN KEENAN? I spent some time with Dan this week to help him with this bio. One thing I realized quickly, is Dan is hard to box in. In a world that likes to compartmentalize, this is turning out to be more difficult than I had expected. Dan Keenan is an artistic guy with logical wiring... he trained as an engineer, but learned about life's joys and hard knocks working and goofing off with children from all over the world fighting cancer. Dan has spent over a decade of volunteering as a summer camp counselor/Associate Director at R.O.C.K. Camp, Reaching Out to Cancer Kids, and the first camp in America where children fighting cancer could go play in the summer. He has volunteered at various camps around America, and even a camp in Ireland -- The Barretstown Gang Camp. A camp where children from all around Europe are able to catch their breath from treatment, pain and a nagging sense of being different. Camp is about joy and normalcy, and living like a child again... WHY ALL THE SUMMER CAMP TALK? Dan found his music at R.O.C.K. Camp. Legends Free is dedicated to one camper in particular, Erica Davey, who told him that his music gave her peace when she was in pain, and it helped her get to sleep. She was the inspiration for creating Legends Free, and she happily haunts Dan's music and life to this day. Serendipity came to play when Dan met Sergei Kossenko, an incredible composer from the Moscow Conservatory Dartmouth, who agreed to produce Dan's first album. Dan has a special gift, and when you listen to him, you can hear it. When you listen closely, you can feel it. - Veronica (friend and fan) ABOUT THE SONGS - Notes from the artist 1) Little Hearts and Angels' Eyes This is a song for my young friends from R.O.C.K. Camp; Reaching Out to Cancer Kids; The first summer camp specifically for children fighting cancer in the U.S. It was founded in 1976. I was fortunate to be a counselor and Associate Director there for thirteen years. It was written to

let them know they are always on my mind, and my life is better for knowing them. They continue to "grant me serenity. 2) Kristen's Story Kristen told me this story one evening in Ireland as we all say talking. This story is true. In a room Kristen and a friend spoke of a girl who had passed at a young age. The friend spoke sadly of her missing for her friend of childhood. In an instance a ball of light moved into the room filling it with a soft light. Frightened the girls sat stunned... the light faded and they were both washed in peace and calm. The missing was gone. 3) Hope Springs Standing on the alter, there is a history of love between two people. However, the true magnitude of that love will only be disclosed over the duration of their life together. A song of... Hope. My dear friend asked me to write a song for her wedding. This is it... I finished it three days before the wedding, and had to really focus to pull it off in front of her wedding well wishers. 4) Tired Of Travelin? He loved her the moment he saw her. A fondness developed over time, and they both graduated from high school. She went her way, he stayed at home. A home boy. Years later, she returned. Her journey had taken her through college, around the world, and across many landscapes of life. Upon meeting again, this is his conversation with her. 5) I Call It Love In the guiet times of a romantic partnership there are those little niceties and rituals between those two souls; the little gifts they share with each other, the kindness' they show, and their way of interacting. This is one man's honest expression of love to his partner. "I love you in the morning light, you come to me and I hold you tight, I always have sweet dreams, can I share with now?" 6) Legends Free After my first trip to Ireland, working at The Barretstown Gang Camp, I returned with a great love for the country, and the insights into myself she shared. In my ache for returning I bought lots of books about "Eire." A Day in the Life of Ireland was one. One the cover is a beautiful young Irish girl in whose eyes I saw the struggle between the call of the world to be seen, and the whisper of her village, "...please stay." I wrote it with the thought and hopes that whatever came out would be a song Christy Moore would be proud. 7) As Beautiful As This There are days when the birds are singing, the sky is blue, and we are still not in a place to appreciate the blessings in our lives. This song beckons for one in such a moment, to reach out and actively lift others, encourage others, and search for hope. The piano Sergei wrote for this captured even more of the essence of the lyrics that I had envisioned. 8) Eunuch's Lament / Cleopatra One hot summer evening I sat on the Indian River on Florida's Space Coast with my classical guitar. There was a melody spinning in my mind... no words just music. As I got out my notebook and set to writing, the right side of my brain lit up. For the next five minutes I wrote down streams of words. I only changed two lines.

As I read the words, I saw a story of love, irony and loss. He was her care-taker, a eunuch, and madly in love with her. "She" was Cleopatra. It's a love tragedy; "sweetly melancholy." 9) Evening Comes This song is a love story about how two people can create a "home" from a house. Fireplace... warm heart.... it takes me away to a wonderful place. The story rises from winters spent in West Virginia at my Uncle Bill's house in Mount Claire, West Virginia. I remember a great man named Frank Knapko, their neighbor and friend, who used to stop by and chop wood for Bill and Blanche. They were born in the late 1800's and didn't get around too well at that point. Frank made sure they were doing ok whenever he passed by. Sometimes all he would say is a friendly "good evening" and go about "his" work. To him, taking care of them, was his work. He did it out of love, and of loyalty as a neighbor. I miss that, and them. 10) Lullaby At camp I used to sing the children to sleep; one of my greatest pleasures in camp. There is great joy and satisfaction in helping others find peace and slumber. That is both the inspiration for, and the intention of, this album. Erica told me when she was in pain my music helped her deal with her stress, and her pain. In that instant I knew that I could not sit and play for all the people I wanted to reach in their struggles and needs for calm. Technology would be my saving grace. Legends Free is the expression of that dream, and that technology. This lullaby is as they say, short and sweet. My classical guitar softly playing, Sergei's toy piano in the distance, and the sentiment of a man wishing his children a good night.

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