

Go Dinghy Sailing - Bloomsbury Publishing

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Assuming no prior knowledge, this entry level guide aims to inspire novices of all ages to give sailing a try. Conveying the fun, accessibility and exhilaration of sailing, it covers everything the beginner needs to learn about, whether they are young, middle aged or taking up sailing as a family. Topics include:- How to get started- Where (and how) to find a club- Choosing the right type of boat- The differences between cruising and racing a dinghy- Learning to sail- Trolleying, trailing, launching and recovery- and much, much more Colour photographs illustrate each section. Also included is a DVD featuring the authors demonstrating what they've described in the book, which should inspire newcomers by showing them that they too can learn how to sail a dinghy even if they've never been on the water before. Author: Bloomsbury Publishing Publisher: Adlard Coles Illustration: N Language: ENG Title: Go Dinghy Sailing Pages: 00000 (Encrypted EPUB) / 00000 (Encrypted PDF) On Sale: 2012-05-24 SKU-13/ISBN: 9781408154144 Category: Sports & Recreation : Boating - General

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